

## PHYSICAL EDUCATION: Curriculum Map 2019-2020

### PE ACROSS THE SCHOOL – PURPOSE OF STUDY

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help embed values such as fairness and respect.

### AIMS of PE

The Brampton curriculum for Physical Education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy active lives

#### SUBJECT CONTENT

#### EYFS and KS1

##### WHAT PUPILS SHOULD ACHIEVE

##### WHAT PUPILS WILL BE TAUGHT TO BE SUCCESSFUL

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Master basic movements including running, jumping, throwing and catching, as well as develop balance, agility and co-ordination, and begin to apply these in a range of activities

Participate in team games, developing simple tactics for attacking and defending

Perform dances using simple movement patterns

#### SUBJECT CONTENT

#### KS2

##### WHAT PUPILS SHOULD ACHIEVE

##### WHAT PUPILS WILL BE TAUGHT TO BE SUCCESSFUL

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and link them to make actions and sequences of movement. They should enjoy communicating,

Use running, jumping, throwing and catching in isolation and in combination

<p>collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p>	<p>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p> <p>Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p> <p>Perform dances using a range of movement patterns</p> <p>Take part in outdoor and adventure activity challenges both individually and within a team</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p>
<p><b>EYFS and KS1</b></p>	<p>Nursery pupils are learning the very basic routines of following instructions (stop and start), moving safely, climbing, jumping and landing, rolling and kicking as well as how to take off shoes, socks and jumpers.</p> <p>Reception build on from the basics by beginning to learn about simple techniques and fundamental movements. They are also beginning to engage in more competitive situations both against themselves and others.</p> <p>In Year 1 and 2, class PE lessons are delivered using our <a href="http://www.thepehub.co.uk">www.thepehub.co.uk</a> membership and follow a progressive theme. We also spend time in the summer learning about Sports Day and practising the competitive events that will take place on the day. Class teachers have responded positively to <a href="http://www.thepehub.co.uk">www.thepehub.co.uk</a> lessons, finding them engaging and appropriately challenging.</p> <p>PE teachers draw from a range of topics focussing on strengthening the fundamental movements (skipping, indoor athletics, gymnastics) as well as providing competitive individual and team situations (indoor athletics, invasion games).</p>
<p><b>KS2</b></p>	<p>KS2 aims to build on the fundamental movements, using them in isolation and combination (athletics, dodgeball, handball, basketball, ultimate frisbee, parkour). There is a greater focus on teamwork and collaboration (team games, gymnastic sequencing) as well as an emphasis on strategies within team games (basic attack and defend, pass and move).</p> <p>KS2 also aims to equip pupils with the ability to take ownership of their own fitness and health (bleep tests, athletics, orienteering, indoor rowing) giving them opportunities to referee, record scores (team games, athletics) and feedback on sequences of movement (gymnastics, parkour).</p>

	<p>They also have the opportunity to then put these skills into practise by competing in the Langdon School Sport partnership competitions or the in-school competitions run in each year group (dodgeball champs, indoor athletics champs, sports day, indoor rowing champs).</p> <p>We have kept a broad and balanced range of sports, aiming to focus on a few in particular, while introducing new sports through extra-curricular clubs that we want to trial before introducing into the curriculum. Most of the topics are repeated so pupils gain a deeper understanding and skill set from year 3 to year 6.</p>
	<b>CLASS TEACHER PE</b>
<b>YEAR 1</b>	Run, Jump, Throw Unit 1, Run, Jump, Throw Unit 2, Dance Unit 1, Dance Unit 2, Attack, Defend, Shoot Unit 1, Attack, Defend, Shoot Unit 2
<b>YEAR 2</b>	Run, Jump, Throw Unit 1, Run, Jump, Throw Unit 2, Dance Unit 1, Dance Unit 2, Attack, Defend, Shoot Unit 1, Attack, Defend, Shoot Unit 2
<b>YEAR 3</b>	Athletics, Tennis, Indoor Rowing, Football, Orienteering, Sports Day Training, Rounders/Teacher Choice
<b>YEAR 4</b>	Athletics, Tennis, Indoor Rowing, Football, Orienteering, Sports Day Training, Rounders/Teacher Choice
<b>YEAR 5</b>	Athletics, Tennis, Indoor Rowing, Football, Orienteering, Sports Day Training, Rounders/Teacher Choice
<b>YEAR 6</b>	Athletics, Tennis, Indoor Rowing, Football, Orienteering, Sports Day Training, Rounders/Teacher Choice
	<b>PE TEACHER PE</b>
<b>NURSERY</b>	Intro to PE, Intro to Movement (Dance), Kidnastics, Kidnastics, Fundamental Movements Unit 1, Fundamental Movements Unit 2
<b>RECEPTION</b>	Body Management, Speed, Agility and Travel, Gymnastics, Gymnastics, Cooperate & Solve Problems, Manipulation & Coordination
<b>YEAR 1</b>	Athletics, Indoor Athletics, Gymnastics, Gymnastics, Basketball, Invasion Games
<b>YEAR 2</b>	Athletics, Indoor Athletics, Gymnastics, Gymnastics, Basketball, Invasion Games
<b>YEAR 3</b>	Athletics, Indoor Athletics, Gymnastics, Gymnastics, Basketball, Invasion Games
<b>YEAR 4</b>	Indoor Athletics, Dodgeball, Handball, Gymnastics, Parkour, Ultimate Frisbee
<b>YEAR 5</b>	Indoor Athletics, Dodgeball, Handball, Gymnastics, Parkour, Ultimate Frisbee
<b>YEAR 6</b>	Indoor Athletics, Dodgeball, Handball, Gymnastics, Parkour, Ultimate Frisbee