



Brampton Primary School
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Mr K Reid
Headteacher
B.Ed. (Hons), NPOH

Friday 10th January 2020

Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Dreams and Goals**.

At our parental consultation held in the summer term, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 4 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 4	<ul style="list-style-type: none">• I can tell you about some of my hopes and dreams.• I understand that sometimes hopes and dreams do not come true and that this can hurt.• I know that reflecting on positive and happy experiences can help me to counteract disappointment.• I know how to make a new plan and set new goals even if I have been disappointed.• I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group.• I can identify the contributions made by myself and others to the group's achievement.	<ul style="list-style-type: none">• I know how it feels to have hopes and dreams.• I know how disappointment feels and can identify when I have felt that way.• I know how to cope with disappointment and how to help others cope with theirs.• I know what it means to be resilient and to have a positive attitude.• I can enjoy being part of a group challenge.• I know how to share in the success of a group and how to store this success experience in my internal treasure chest.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher