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Mr K Reid
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Friday 10th January 2020

Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Dreams and Goals**.

At our parental consultation held in the summer term, parents asked for information about the objectives being covered during the PSHE lessons at Brampton. These are the objectives being covered this half term:

Pieces	Development Levels	Weekly Celebration
Challenge	<p>Making relationships D5 - Keeps play going by responding to what others are saying or doing. D6 - Explains own knowledge and understanding, and asks appropriate questions of others. ELG - Take account of one another's ideas about how to organise their activity.</p> <p>Self-confidence and self-awareness D5 - Shows confidence in asking adults for help. ELG - They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities.</p> <p>Managing feelings and behaviour D6 - Beginning to be able to negotiate and solve problems without aggression.</p>	Stay motivated when doing something challenging.
Never Giving Up	<p>Making relationships D5 - Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults. D6 - Explains own knowledge and understanding, and asks appropriate questions of others. ELG - They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p> <p>Self-confidence and self-awareness D4 - Expresses own preferences and interests. D5 - Is more outgoing towards unfamiliar people and more confident in new social situations. D6 - Confident to speak to others about own needs, wants, interests and opinions and can describe self in positive terms and talk about abilities. ELG - They are confident to speak in a familiar group, will talk about their ideas.</p> <p>Managing feelings and behaviour ELG - They work as part of a group or class, and understand and follow the rules.</p>	Keep trying even when it is difficult.
Setting a Goal	<p>Making Relationships D6 - Explains own knowledge and understanding. ELG - They show sensitivity to others' needs and feelings.</p> <p>Self-confidence and self-awareness D4 - Expresses own preferences and interests. D6 - Confident to speak to others about own needs, wants, interests and opinions and can describe self in positive terms and talk about abilities. ELG - They are confident to speak in a familiar group, will talk about their ideas.</p> <p>Managing feelings and behaviour D4 - Responds to the feelings and wishes of others. D5 - Begins to accept the needs of others. ELG - They work as part of a group or class.</p>	Work well with a partner or in a group.

Obstacles and Support	<p>Making relationships D4 - Shows affection and concern for people who are special to them. D5 - Demonstrates friendly behaviour. D6 - Initiates conversations, attends to and takes account of what others say; explains own knowledge and understanding; asks appropriate questions of others and takes steps to resolve conflicts with other children. ELG - Children play co-operatively. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p> <p>Self-confidence and self-awareness D5 - Welcomes and values praise for what they have done. D6 - Confident to speak to others about own needs, wants, interests and opinions and can describe self in positive terms and talk about abilities.</p> <p>Managing feelings and behaviour D4 - seeks comfort from familiar adults when needed. Can express their own feelings such as sad, happy, cross, scared, and worried. Responds to the feelings and wishes of others. Aware that some actions can hurt or harm others. Tries to help or give comfort when others are distressed. Shows understanding and cooperates with some boundaries and routines. Can inhibit own actions/behaviours. D5 - Aware of own feelings, and knows that some actions and words can hurt others' feelings. Begins to accept the needs of others and can take turns and share resources, sometimes with support from others. Can usually adapt behaviour to different events, social situations and changes in routine. D6 - Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them. Aware of the boundaries set, and of behavioural expectations in the setting. Beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy. ELG - talk about their own and others' behaviour, and the consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules.</p>	Have a positive attitude.
Flight to the Future	<p>Making relationships D4 - Seeks out others to share experiences. D6 - Initiates conversations, attends to and takes account of what others say. Explains own knowledge and understanding, and asks appropriate questions of others.</p> <p>Self-confidence and self-awareness D4 - Expresses own preferences and interests. D5 - Confident to talk to other children when playing, and will communicate freely about own home and community. D6 - Confident to speak to others about own needs, wants, interests and opinions. Can describe self in positive terms and talk about abilities. ELG - They are confident to speak in a familiar group, will talk about their ideas</p>	Help others to achieve their goals.
Standing up for yourself	<p>Making relationships D4 - Seeks out others to share experiences. Shows affection and concern for people who are special to them. D5 - Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults. D6 - Explains own knowledge and understanding. ELG - They show sensitivity to others' needs and feelings.</p> <p>Self-confidence and self-awareness D5 - Welcomes and values praise for what they have done. D6 - Confident to speak to others about own needs, wants interests and opinions. Can describe self in positive terms and talk about abilities.</p>	Are working hard to achieve their own dreams and goals.

	ELG - They are confident to speak in a familiar group, will talk about their ideas. Managing feelings and behaviour D4 - Responds to the feelings and wishes of others.	
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If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher