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Mr K Reid
Headteacher
B.Ed. (Hons), NPQH

Friday, 10th January 2020

Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Dreams and Goals**.

At our parental consultation held in the summer term, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 1 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 1	<ul style="list-style-type: none">• I can set simple goals.• I can set a goal and work out how to achieve it.• I understand how to work well with a partner.• I can tackle a new challenge and understand this might stretch my learning.• I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them.• I can tell you how I felt when I succeeded in a new challenge and how I celebrated it.	<ul style="list-style-type: none">• I can identify my successes and achievements.• I can tell you how I learn best.• I can celebrate achievement with my partner.• I can identify how I feel when I am faced with a new challenge.• I know how I feel when I see obstacles and how I feel when I overcome them.• I know how to store the feelings of success in my internal treasure chest.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,

Mrs Marie Hardie
Deputy Head Teacher