



Mr K Reid Headteacher B.Ed. (Hons), NPOH

Friday 10th January 2020

Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Dreams and Goals.** 

At our parental consultation held in the summer term, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 6 this half term:

| Year<br>Group | PSHE and Citizenship Objectives  | Emotional Literacy/Social Skills   |
|---------------|--|--|
| Year 6        | I know my learning strengths and can<br>set challenging but realistic goals for<br>myself (e.g. one in-school goal and one<br>out-of-school goal). | I understand why it is important to<br>stretch the boundaries of my current<br>learning.                       |
|               | I can work out the learning steps I need to take to reach my goal and understand   | I can set success criteria so that I will know whether I have reached my goal.                                 |
|               | how to motivate myself to work on these.   | I recognise the emotions I experience<br>when I consider people in the world who                               |
|               | <ul> <li>I can identify problems in the world that<br/>concern me and talk to other people<br/>about them.</li> </ul>                              | are suffering or living in difficult situations.   |
|               | I can work with other people to help make the world a better place.  | I can empathise with people who are suffering or who are living in difficult situations.                       |
|               | I can describe some ways in which I can<br>work with other people to help make the   | I can identify why I am motivated to do this.  |
|               | <ul> <li>I know what some people in my class like or admire about me and can accept their praise.</li> </ul>                                       | I can give praise and compliments to<br>other people when I recognise their<br>contributions and achievements. |

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards, Mrs Marie Hardie Deputy Head Teacher