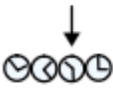






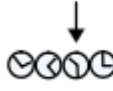


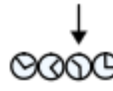






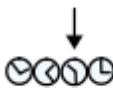








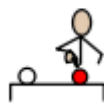
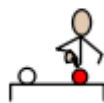

# Zones of Regulation: Introduction

 Sometimes
  I
  am
  in
  the
  blue
  zone.

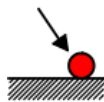









 Sometimes
  I
  am
  in
  the
  green
  zone.










 Sometimes
  I
  am
  in
  the
  yellow
  zone.

 Sometimes
  I
  am
  in
  the
  red
  zone.

 This
  is
  ok.

 All
  the
  zones
  are
  ok.

 There
  are
  times
  when
  we
  should
  be
  in the
  different
  zones.

 In the
  classroom
  we
  try
  to
  stay
  in the
  green
  zone.