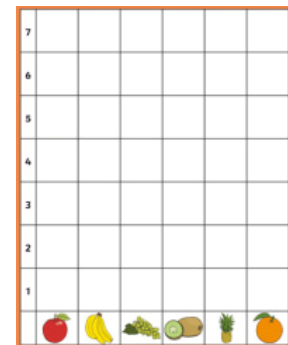


Year 1 Learning Activities

Week Beginning: 08.06.20

Have a look at the following activities. Why not try some of them out and record your learning in your exercise book? You could send a photograph of your work to your teacher at year1@brampton.newham.sch.uk.

- Explore the different food groups and find out which foods belong to them.
 - Protein
 - Carbohydrates
 - Dairy
 - Fruit and Vegetables
 - Fats
- Create a shopping list for the week.
 - Can you group the items into their food groups?
- Write a set of instructions for making toast.
 - Can you use verbs in your instructions?
- Design a new label for a cereal box.
 - What eye catching information will you add?
 - Can you use an exclamation mark?
- Write a poem about your favourite food. Can you make it rhyme?
- Create a new flavoured milkshake.
 - Which ingredients will you include?
 - Can you label the milkshake?
 - Will you have a mascot that is linked to your creation?
 - Can you make the milkshake?



- Fruit Survey
 - Ask your family what different fruits they like to eat.
 - Collect the information in a tally chart.
 - Can you represent this information in another way?