



Brampton Primary School Newsletter



Date: 13/11/2020

Issue: 2

<http://brampton.newham.sch.uk>

Tel: 020 8472 0830



Dear Parents, Carers and Children,
It's Friday- which can only mean two things; **Children in Need** and.....the last day of the **TTRS NWE Rock Out 2020** competition! We're currently 216th, a fantastic effort.

216 Brampton Primary School, Newham

238,825

However, I know we could make it in to the top 200, so please can you encourage your children to log in and play any time before **7.30pm tonight**.

Children in Need

What an exciting morning it was today watching the children coming in dressed up in something different. I went to the reception and nursery gate and the children looked so pleased with themselves in their brightly coloured clothing, all holding their pound coins to put into the bucket. Thank you for joining in and donating money to such a worthwhile cause. As soon as we have counted all the money we will let you know the total.

Anti-Bullying Week

Just a reminder that next week is Anti-Bullying Week. The children will be revisiting the school rules, learning about what bullying is and how damaging it can be for those who are being bullied. In school we have adopted the *Power of One* approach to responding to bullying and all children are taught about the four steps:

Decide whether or not you are being bullied. Is the behaviour hurtful, purposeful, and repeated?

If you are being bullied, tell the bully how you're feeling. Give them the opportunity to understand your feelings and use personal language like "You're hurting my feelings" or "I feel very upset when you do that."

If the bullying does not stop after you tell them how you feel, tell an adult. The adult can be a parent, teacher or any adult that you feel comfortable and safe with. Tell them what is going on and that you need their help. Find out from that adult how they are going to help you.

Dates for your diary

**Monday 16th—Friday
20th November 2020**

**Into University
Focus Week
(Chile)**

Be Nice to Someone

Today is World Kindness Day. We are all living in very strange and challenging times and for many in society, the restrictions make life extremely difficult. Why not spread a little happiness and think about ways you and your children to show kindness to people around you...a neighbour, family member, shopkeepers, bus drivers...anyone?

"Every day may not be good...but there's something good in every day."

Alice Morse Earle.

Have a lovely weekend everyone.
Mr Reid

Big Talk Home Learning

If children can't say it then children can't write it.

Dear All,

This weekend's BTHL 13th / 14th / 15th November

Next week is anti-bullying week and we will be talking about how it is okay to be different and that it is important to never let bullying behaviour go unchallenged.



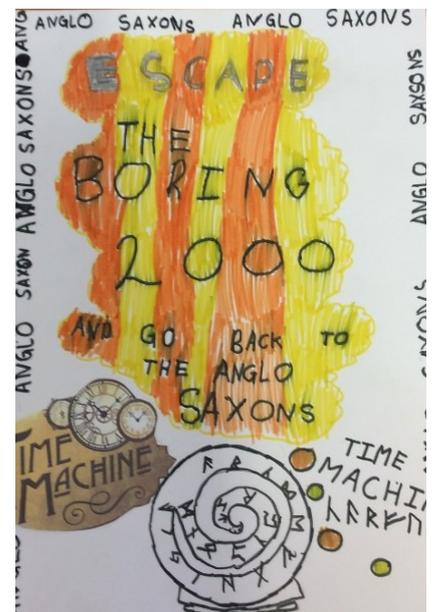
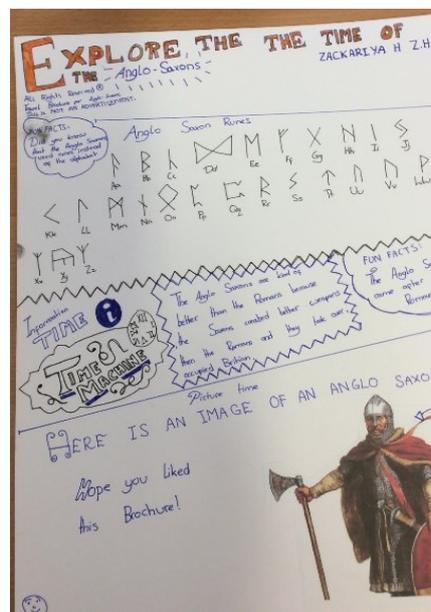
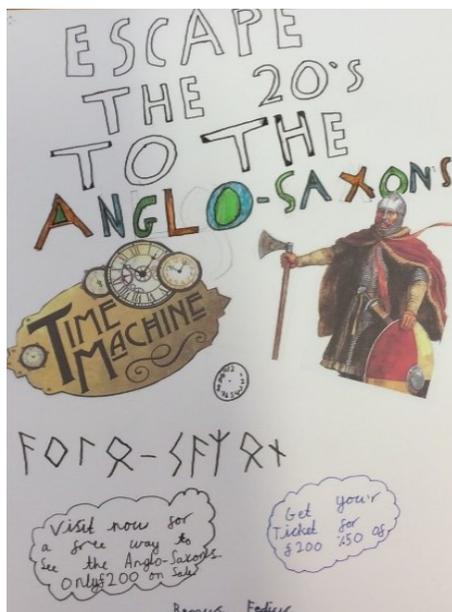
News – Upper Phase

Year 4

This week in mathematics, Year 4 worked on extending their understanding of multiplication and division. The children began by using concrete materials to show sharing and grouping. They were then challenged to use pictorial methods such as arrays. After developing a firm grasp of the concept, we started using the written methods to solve multiplication and division word problems. The children have been drawing bar models to represent their understanding of multiplication and explain how it is related to division. This has supported them when solving word problems. Later this week, we will progress to learning about fraction problems. If the children would like to practise this skill beforehand, please encourage them to use their MyMaths account to revise this topic.

In English, the children are currently reading the text *When Jessie Came Across the Sea*. The story follows a thirteen-year-old girl who has to leave her eastern European village and take a ship to New York City. In the first week of this term, the children worked hard on improving their summarising skills. They developed an understanding of how to identify key events in the text and summarise them in full sentences. This week, Year 4 have been planning a narrative. The children are learning to use all the 5 senses to engage their reader. We have been discussing the effective use of high level vocabulary to describe sights, sounds, smells and touch. The children will then use this vocabulary words to write paragraphs that use both inverted commas and fronted adverbials.

In the wider curriculum, Year 4 have been learning about the Anglo-Saxons – their reasons for settling in Britain, daily lives and religious beliefs. The children have been transformed into historical researchers. They have been set the task of creating a historical travel brochures that will encourage others to 'travel' back to the Anglo- Saxon times.



Birthdays in Year 4



Ayaan Q. and Selma





Inclusion



Newham CAMHS Workshops

<https://www.elft.nhs.uk/service/48/Child-and-Family-Consultation-Service>

Newham CAMHS offers therapeutic workshops for young people and parents/carers who live in Newham and would like advice and support to improve their mental health and wellbeing. If you have any questions about the workshops you can contact us on 020 8430 9000.

DUE TO COVID-19, WE ARE NOW OFFERING OUR WORKSHOPS ONLINE INSTEAD OF FACE-TO-FACE. PLEASE SIGN-UP FOR WORKSHOPS AS USUAL, AND WE WILL SEND YOU A LINK TO ACCESS THE WORKSHOPS ONLINE.



Free

Wed, Nov 18, 15:30

Managing Behaviours that Challenge: Part 2



Free

Wed, Jan 13, 15:30

Managing Worry and Anxiety



Free

Wed, Nov 25, 15:30

Managing Anger



Free

Wed, Feb 24, 15:30

Parenting



Free

Wed, Dec 9, 15:30

Managing Mood



Free

Wed, Mar 10, 15:30

Managing Arguments and Conflict with Teens



Free

Wed, Mar 24, 15:30

Bullying



Other Information

Newham London

STRENGTHENING FAMILIES AUTUMN OFFER 2020

Strengthening Families has been organised by Newham's early help teams. It is about recognising that all families need a helping hand at times such as these and this helping hand should be as varied and as diverse as our families. Strengthening Families is steeped in our values of keeping people at the heart of what we do.

Our offer includes:

Family Relationships Matters
A coach will work with you to reduce arguments and promote healthy communication.

Family Money Matters
Providing information, guidance and support for Families who are worrying about money, housing and employment.

Parenting Befriending
A bespoke parenting befriending service for parents /carers of children and young people aged 0-16 years who need a space to talk and think through the ways that they are coping in the circumstances and practical suggestions to manage challenges such as their young person's behaviour, anxiety and worries, family relationship challenges and a young person's screen time.

To request a service for your family, please speak to your child's school, local childrens centre or health professional who will complete a referral form and send it to strengthening.families@newham.gov.uk

Newham Together
The best place for Children and Young People

Family Money Matters (family finance, housing and returning to work/training)

FREE one to one advice and guidance to all via phone or on-line in partnership with Newham WorkPlace, MoneyWorks and voluntary sector Organisations including Community Links.

- Advice and assistance** on housing, homelessness, evictions, welfare benefits, tax credits and universal credit, immigration and employment law
- Financial support** to access affordable credit, money and debt management and emergency support including access to food bank vouchers, supermarket and energy vouchers
- Employment/training** support includes
 - Improving your CV
 - Identifying job/career options
 - Advising on jobs to best suit your skills
 - Good quality apprenticeships for all ages
 - Bespoke training to enhance your existing skills including accredited qualifications
 - Preparing you for attending assessment centres and interviews
 - Advice on childcare options

Specialist teams such as Young People's Team (16 – 24 years old), Apprenticeships Team (all ages), Supported Employment Team (disabilities or long-term health conditions) and construction team, to support the requirements of our residents.

Family Relationship Matters

We all have arguments; it is normal for parents to argue, whether they are together or not. Causes can include; job loss, births, deaths, illness or separation, money worries or the pressure of family life. Our Family Relationships Matters programme consists of six sessions delivered one to one by trained facilitators from Early Help, Families First, Children's Centres and Schools. We will match families to the best organisation to deliver based on the family's needs and existing support networks. These sessions give families the tools to manage conflict effectively and reduce the impact on their children.

Parenting Befriending Service

A bespoke parenting befriending service for parents/careers of children and young people aged 0-16 years who need a space to talk and think through the ways that they are coping in the circumstances and practical suggestions to manage challenges such as their young person's behaviour, anxiety and worries, family relationship challenges and a young person's screen time.

- Befrienders are either trained children centre staff or Newham Parent Peer Facilitators
- 30-60 mins session per week
- 1-8 weeks with a clear transition process put in place for when the contact ends.
- Group sessions – will be developed where this would be helpful and appropriate.
- Virtual Coffee Mornings - Early Years / Primary and Secondary.
- Signposting and referrals to other support and services as and when appropriate.

All services are delivered following up to date government Covid-19 guidance.

If you have any questions about the children's Centre offer or the family support work please make contact via email: BSLFamilySupport@newham.gov.uk

Newham Together
The best place for Children and Young People
#strengtheningfamilies #HelpNewham #newhamtogether

| BRAMPTON SCHOOL MENU | | | |
|---|---------------------------------------|---|--|
| Week 1 | Week 2 | Week 3 | |
| Burger in a Bun With Salad & Coleslaw | Fish Finger With Jacket Wedges | Baked Sausage (Halal) With Mashed Potatoes | |
| Quorn Burger in a Bun With Salad & Coleslaw | Vegetable Samosa with Dhal & Rice | Cheese & Tomato Pizza | |
| Sweetcorn Mixed Salad | Garden Peas Mixed Salad | Mixed Vegetables Mixed Salad | |
| Raspberry Ice Sponge Roll | Chocolate Sponge & Chocolate Sauce | Waffles with Ice Cream | |
| Jacket Potatoes with Cheese, Tuna or Baked Beans Yoghurt, Fresh Fruit, Cheese & Crackers | | | |

Week 1: WB 2.11.2020

WB 23.11.2020

WB 14.12.2020

WB 4.1.2021

Week 2: WB 9.11.2020

WB 30.11.2020

WB 21.12.2020

WB 11.1.2021

Week 3: WB 16.11.2020

WB 7.12.2020

WB 18.1.2021

| | EYFS/KS1 | KS2 | All Other Year Groups |
|-----------|----------------|--------|-----------------------|
| Monday | Packed lunches | | |
| Tuesday | Reception | Year 3 | Packed lunches |
| Wednesday | Year 1 | Year 4 | Packed lunches |
| Thursday | Year 2 | Year 5 | Packed lunches |
| Friday | | Year 6 | Packed lunches |