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Dear Parents and Carers,

Each half term, each class is given two PSHE (Personal, Social and Health Education) inspired books to read in class. The children listen to the story, then think about all of the concepts to do with PSHE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

The children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence, they learn to listen well to each other and they learn to build on the thoughts and ideas of each other to create a meaningful dialogue. They find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age.

This activity aims to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

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| Caring Listening, concentrating, valuing and appreciating e.g. showing interest in, and sensitivity to, others' experiences and values. | Collaborative Responding, communicating, supporting and conciliating e.g. building on each other's ideas, shaping common understandings and purposes. |
| Critical Questioning, interrogating, reasoning and evaluating e.g. seeking meaning, evidence, reasons, distinctions and good judgements. | Creative Connecting, relating, suggesting and speculating e.g. providing comparisons, examples, criteria, alternative explanations or conceptions. |

At our recent RSHE parental consultation, parents asked for information about these books so that they could investigate the contents of the books themselves and prepare to talk to their children about the books at home.

These are the books being used, in Year 3 for PSHE Read Aloud, this academic year:

| Term | Spring 2 | Summer 1 | | Summer 2 | |
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| Theme | Healthy Me | Relationships | | Changing Me | |
| Ghana | Immi by Karin Littlewood | The Family Book by Todd Parr | Voices in the Park by Anthony Browne | The Girl who Never Made Mistakes by Mark Pett | The Cow Who Climbed a Tree by Gemma Merino |
| Namibia | The Huge Bag of Worries Paperback by Virginia Ironside | The Squirrels who Squabbled by Rachel Bright | The Family Book by Todd Parr | The Sheep Who Hatched an Egg by Gemma Merino | The Girl who Never Made Mistakes by Mark Pett |
| South Africa | The Family Book by Todd Parr | Voices in the Park by Anthony Browne | The Squirrels who Squabbled by Rachel Bright | Under the Same Sky by Britta Teckentrup | When I was Born by Isabel Minhos Martins |
| Zimbabwe | Stuck by Oliver Jeffers | Meesha Makes Friends by Tom Percival | Good Little Wolf by Nadia Shireen | When I was Born by Isabel Minhos Martins | What If? by Anthony Browne |

| Book and Author | Themes to be explored |
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| The Cow Who Climbed a Tree by Gemma Merino | Tina is not like the other cows – she likes to explore and try new things. She likes to believe that anything is possible. She faces up to the challenge of others around her not believing in her. This book facilitates a discussion about |

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| | persistence and resilience. |
| When I was Born by Isabel Minhos Martins | This book is all about the awe of wonder of life beginning. It talks about the adventure of discovering the world for the first time in simple and engaging language. Breathing, seeing, hearing, tasting and touch are explored. |
| What If? by Anthony Browne | This story is all about a boy called Joe, who is nervous about going to a friend's birthday party for the first time. As he and his mum look for the right house, the story explores lots of 'What if...' questions. This story facilitates a discussion with the children about how to manage our worries and also shows them that adults have worries too. |
| Under the Same Sky by Britta Teckentrup | This story is about two friends who live on opposite sides of the world. It explores friendship and facilitates a discussion about maintaining and looking after friendships. |
| The Sheep Who Hatched an Egg by Gemma Merino | This story is about Lola the sheep who is extremely proud of her extraordinary wool but discovers that friendship is more important than looks. |
| Meesha Makes Friends by Tom Percival | Meesha loves making things . . . but there's one thing she finds difficult to make - friends. She doesn't know quite what to do, what to say or when to say it. This story facilitates a discussion about the joys and difficulties of making and keeping friends. |
| Good Little Wolf by Nadia Shireen | This is a story about a wolf called Rolf - a good little wolf who liked baking cakes and was always kind to his friends. But another wolf tries to convince him that real wolves aren't supposed to be good - they're supposed to be BIG and BAD. This story facilitates a discussion about being your own person and watching out for negative influences. |
| The Squirrels who Squabbled by Rachel Bright | This is the story of two squirrels who learn to share and work together, facilitating a discussion on the importance of friendship and sharing. |
| Voices in the Park by Anthony Browne | This is a story about a visit to the park, told from four different perspectives. It encourages the children to look at things from another person's point of view and to not be judgemental. |
| Stuck by Oliver Jeffers | A story about a little boy who gets his kite stuck in a tree and ends up throwing lots of other things in the tree to try and dislodge it. This story facilitates a discussion about problem solving. |
| The Family Book by Todd Parr | The Family Book celebrates the love we feel for our families and all the different varieties they come in. Whether you have one parent or two, a big family or a small family, a clean family or a messy one, Todd Parr assures readers that no matter what kind of family you have, every family is special in its own unique way. This book facilitates a discussion about what families have in common and how we can appreciate the family we belong to. |
| Immi by Karin Littlewood | This is the story of Immi who finds a beautiful wooden bird at the end of her fishing line, and every day after that she discovers something new, until her igloo is the brightest thing in the land. But where are these mysterious gifts coming from, and who is sending them? This story allows the children to explore the concept of hope and friendship. |
| The Girl who Never Made Mistakes by Mark Pett | This is the story of Beatrice Bottomwell who has NEVER (not once!) made a mistake. She never forgets her maths homework, she never wears mismatched socks, and she ALWAYS wins the yearly talent show at school. In fact, the entire town calls her The Girl Who Never Makes Mistakes! One day, the inevitable happens: Beatrice makes a huge mistake in front of everyone! This story helps children to realise that life is more fun when you enjoy everything-- even the mistakes. |
| The Huge Bag of Worries by Virginia Ironside | Wherever Jenny goes, her worries follow her - in a big blue bag. They are with her all the time - at school, at home, when she is watching TV and even in the bathroom! Jenny decides they have to go, but who will help her get rid of them? This book supports a discussion with children about how they can deal with worries and anxiety, reassuring them that it is good to talk. |

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception - Cameroon), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher