



Building Personal Success



Brampton Primary School
Brampton Road
London E6 3LB
tel: 020 8472 0830
info@brampton.newham.sch.uk

Mr K Reid
Headteacher
B.Ed. (Hons), NPQH

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Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Being Me in this World**.

At our parental consultations, parents asked for information about the objectives being covered during the PSHE lessons at Brampton. These are the objectives being covered this half term:

| Pieces | Development Levels | Weekly Celebration |
|-------------------------|---|---|
| Who... Me?! | <p>Communication and Language Understand how to listen carefully and why listening is important. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs.</p> <p>Personal, Social and Emotional Development See themselves as a valuable individual. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally.</p> <p>Understanding of the World Recognise some environments that are different to the one in which they live.</p> | Help others to feel welcome |
| How Am I Feeling Today? | <p>Communication and Language Understand how to listen carefully and why listening is important. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs.</p> <p>Personal, Social and Emotional Development See themselves as a valuable individual. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally.</p> <p>Understanding of the World Talk about members of their immediate family and community. Recognise some environments that are different to the one in which they live.</p> | Try to make our school community a better place |
| Being in Reception | <p>Communication and Language Understand how to listen carefully and why listening is important. Describe events in some detail. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs.</p> <p>Personal, Social and Emotional Development See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others.</p> | Think about everyone's right to learn |

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|-------------------------------------|--|---------------------------------------|
| | <p>Understanding of the World Talk about members of their immediate family and community. Recognise some environments that are different to the one in which they live.</p> | |
| Gentle Hands | <p>Communication and Language Understand how to listen carefully and why listening is important. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs. Personal, Social and Emotional Development Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Manage their own needs. Understanding of the World Talk about members of their immediate family and community.</p> | Care about other people's feelings |
| Our Rights: Class Charter | <p>Communication and Language Understand how to listen carefully and why listening is important. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs. Personal, Social and Emotional Development Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Understanding of the World Talk about members of their immediate family and community.</p> | Work well with others |
| Our Responsibilities: Class Charter | <p>Communication and Language Understand how to listen carefully and why listening is important. Learn new vocabulary. Ask questions to find out more and to check they understand what has been said to them. Describe events in some detail. Use talk to help work out problems and organise thinking and activities explain how things work and why they might happen. Learn rhymes, poems and songs. Listen to and talk about selected non-fiction to develop a deep familiarity with new knowledge and vocabulary. Personal, Social and Emotional Development See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Understanding of the World Talk about members of their immediate family and community. Compare and contrast characters from stories, including figures from the past.</p> | Choose to follow the Learning Charter |

The books we will be reading in this half term are:

Hands are not for Hitting by Martine Agassi

Dogger by Shirley Hughes

Stand Up Citizen, Making Choices by Louise Spilsbury.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Bryony (Reception – Cameroon class), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher