



## Building Personal Success



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Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Being Me in this World**.

At our parental consultations, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 1 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 1	<ul style="list-style-type: none"> <li>I know how to use my Jigsaw Journal.</li> <li>I understand the rights and responsibilities as a member of my class.</li> <li>I understand the rights and responsibilities of being a member of my class.</li> <li>I know my views are valued and can contribute to the Learning Charter.</li> <li>I can recognise the choices I make and understand the consequences.</li> <li>I understand my rights within our Learning Charter.</li> </ul>	<ul style="list-style-type: none"> <li>I feel special and safe in my class.</li> <li>I know that I belong to my class.</li> <li>I know how to make my class a safe place for everybody to learn.</li> <li>I can recognise how it feels to be proud of an achievement.</li> <li>I can recognise the range of feelings when I face certain consequences.</li> <li>I can understand my choices in following the Learning Charter.</li> </ul>

There are no additional books read in the Year 1 Jigsaw lessons this half term.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,  
Mrs Marie Hardie  
Deputy Head Teacher