



## Building Personal Success



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Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Being Me in this World**.

At our parental consultations, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 4 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 4	<ul style="list-style-type: none"> <li>I know my attitudes and actions make a difference to the class team.</li> <li>I know how to use my Jigsaw Journal.</li> <li>I know how good it feels to be included in a group and understand how it feels to be excluded.</li> <li>I try to make people feel welcome and valued.</li> <li>I understand who is in my school community, the roles they play and how I fit.</li> <li>I understand how democracy works through the school council.</li> <li>I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them.</li> <li>I understand how groups come together to make decisions.</li> <li>I understand how democracy and having a voice benefits the school community.</li> </ul>	<ul style="list-style-type: none"> <li>I understand why it is important to stretch the boundaries of my current learning.</li> <li>I can take on a role in a group and contribute to the overall outcome.</li> <li>I can recognise my contribution to making a Learning Charter for the whole school.</li> <li>I understand how rewards and consequences motivate people's behaviour.</li> <li>I understand why our school community benefits from a Learning Charter and can help others to follow it.</li> </ul>

There are no additional books that will be read during PSHE lessons this half term.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,  
Mrs Marie Hardie  
Deputy Head Teacher