



## Building Personal Success



Brampton Primary School  
Brampton Road  
London E6 3LB  
tel: 020 8472 0830  
info@brampton.newham.sch.uk

Mr K Reid  
Headteacher  
B.Ed. (Hons), NPOH

Monday 4<sup>th</sup> October 2021

Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Being Me in this World**.

At our parental consultations, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 5 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 5	<ul style="list-style-type: none"><li>• I can face new challenges positively and know how to set personal goals.</li><li>• I know how to use my Jigsaw Journal.</li><li>• I understand my rights and responsibilities as a British citizen and a member of my school.</li><li>• I can make choices about my own behaviour because I understand how rewards and consequences feel.</li><li>• I understand how an individual's behaviour can impact on a group.</li><li>• I understand how democracy and having a voice benefits the school community and know how to participate in this.</li></ul>	<ul style="list-style-type: none"><li>• I know what I value most about my school and can identify my hopes for this school year.</li><li>• I can empathise with people in this country whose lives are different to my own.</li><li>• I understand that my actions affect me and others.</li><li>• I can contribute to the group and understand how we can function best as a whole.</li><li>• I understand why our school community benefits from a Learning Charter and can help others to follow it.</li></ul>

There are no additional books that will be read during PSHE lessons this half term.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,  
Mrs Marie Hardie  
Deputy Head Teacher