



Building Personal Success



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Dear Parents and Carers,

Each half term, each class is taught a weekly PSHE (Personal, Social and Health Education) lesson. At Brampton, we base our PSHE lessons on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Being Me in this World**.

At our parental consultations, parents asked for information about the objectives being covered during the PSHE lessons at Brampton.

These are the objectives being covered in Year 6 this half term:

Year Group	PSHE and Citizenship Objectives	Emotional Literacy/Social Skills
Year 6	<ul style="list-style-type: none"> I can identify my goals for this year, understand my fears and worries about the future and know how to express them. I know how to use my Jigsaw Journal. I know that there are universal rights for all children but for many children these rights are not met. I understand that my actions affect other people locally and globally. I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities. I understand how an individual's behaviour can impact on a group. I understand how democracy and having a voice benefits the school community. 	<ul style="list-style-type: none"> I feel welcome and valued and know how to make others feel the same. I understand my own wants and needs and can compare these with children in different communities. I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them. I can contribute to the group and understand how we can function best as a whole. I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself.

There are no additional books that will be read during PSHE lessons this half term.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception – Cameroon class), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher