



Building Personal Success



Brampton Primary School
Brampton Road
London E6 3LB
tel: 020 8472 0830
info@brampton.newham.sch.uk

Mr K Reid
Headteacher
B.Ed. (Hons), NPOH

Dear Parents and Carers,

Each half term, each class is given two PSHE (Personal, Social and Health Education) inspired books to read in class. The children listen to the story, then think about all of the concepts to do with PSHE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

The children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence, they learn to listen well to each other and they learn to build on the thoughts and ideas of each other to create a meaningful dialogue. They find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age.

This activity aims to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

| | |
|--|---|
| Caring | Collaborative |
| Listening, concentrating, valuing and appreciating e.g. showing interest in, and sensitivity to, others' experiences and values. | Responding, communicating, supporting and conciliating e.g. building on each other's ideas, shaping common understandings and purposes. |
| Critical | Creative |
| Questioning, interrogating, reasoning and evaluating e.g. seeking meaning, evidence, reasons, distinctions and good judgements. | Connecting, relating, suggesting and speculating e.g. providing comparisons, examples, criteria, alternative explanations or conceptions. |

At our recent RSHE parental consultation, parents asked for information about these books so that they could investigate the contents of the books themselves and prepare to talk to their children about the books at home.

These are the books being used, in Year 1 for PSHE Read Aloud, this academic year:

| Book and Author | Themes to be explored |
|--|---|
| Astro Girl by Ken Wilson-Max | Astrid has always loved the stars and space. "I want to be an astronaut!" she says. While her mother is away, her dad and Astrid have fun acting out the challenges an astronaut faces on a space mission - eating food from a tube, doing science experiments, living and sleeping in near-zero gravity. At the end of the story, the children discover that Astrid's mum is a real-life astronaut, demonstrating that our dreams and ambitions can come true. |
| Billy Monster's Daymare by Alan Durant | Billy Monster cannot sleep, he has horrible daymares about boys and girls. Although Daddy Monster has tried howling a lullaby and making a soothing cup of cold slime, Billy is still worried. Set in a world where monsters are scared of children, this story helps us to explore the concept of fear and discuss how to overcome our own fears. |
| Cool Cuts by Mechal Renee Roe | A book about celebrating different haircuts and hairstyles, this book promotes a discussion about the importance of positive self-esteem. |
| I Am Enough by Grace Byers | This book explores the themes of loving who you are, respecting others and being kind to each other. |
| I don't like Koala by Sean Farrell | Adam does not like Koala. Adam tries explaining this to his parents and he tries putting Koala away-far away. The story explores how we express our feelings, what can cause them and how sometimes we can change our mind. |
| Juniper Jupiter by Lizzy Stewart | This story promotes a discussion about appreciating and valuing what we have and recognising the importance of the people in our family and friendship groups. |
| Look Up | A story about family relationships and the importance of taking timeout to appreciate the |

| | |
|---|---|
| by Nathan Bryan | beauty of our world. |
| Oh No George by Chris Haughton | We learn about George the dog who really tries his best to be good, but something always manages to go wrong, promoting a discussion about temptation and remembering to do the right thing. |
| Please Mr Panda by Steve Antony | This is a story that promotes the need to use your manners. Mr Panda has a tray of doughnuts. Patiently and politely, Mr Panda asks his friends if they would like one. Each animal says yes, but without the all-important 'please!' Is anyone worthy of Mr Panda's doughnuts? |
| Puffin Peter by Petr Horáček | A book about the importance of friendship. |
| Secret, Secret by Daisy Law | There are lots of different types of secrets. This picture book subtly explores the different types of secrets children may have, and encourages them to feel confident to share their secrets. It provides a great opportunity for discussing the things we should and shouldn't keep secret. |
| The Crocodile Who Didn't Like Water by Gemma Merino | This book looks at what it feels like to be different from everyone else and to feel as though you don't fit in. It has a message of accepting who you are and a message of accepting that others around you may be different from you. |
| The Koala Who Could by Jim Field | Meet Kevin the koala who likes to keep things the same. But sometimes change comes along whether we like it or not... And, as Kevin discovers, if you step outside your comfort zone and try new things, you might just surprise yourself! This story encourages the children to talk about dealing with change and overcoming worries. |
| The Sneetches by Dr Seuss | The Star-Bellied Sneetches think they're much better than the Plain-Bellied Sneetches. But they're about to discover that it's what's inside that really matters! This story promotes a discussion about not judging people by the way they look but instead to think about easy to really get to know each other. |
| The Three Billy Goats' Stuff! by Bob Hartman | This is a retelling of the popular traditional tale of the story of the Three Billy Goats Gruff with a twist. This time the Troll can be found under the climbing frame in the school playground of the Traditional Academy for Small Furry Animals and the Odd Mythical Creature. The story explores the concept of what to do if someone is being a bully. |
| The World Made a Rainbow by Michelle Robinson | A story about hope and possibility even when we feel lost and alone. Helping the children to process the lockdown and start to think about how being resilient helps us to cope with everything life throws at us. |
| This is Sadie by Sara O'Leary | A story about the importance of imagination and appreciating everything the world has to offer. |
| Under the Ramadan Moon by Sylvia Whitman | Ramadan is one of the most special months of the Islamic year, when Muslims pray, fast, and help those in need. This story will introduce the children to Ramadan and explain that it is a time for reflection and ritual with family and friends. Children who have experience themselves of this special month will be able to share with their friends and discuss this special time for their family. |
| Where Are My Books? by Debbie Ridpath Ohi | Spencer loves to read. He reads a book every night. But one morning his favourite book goes missing, and in its place is a tulip. Spencer searches high and low, but he can't find his book. The next morning another book is missing, a nut in its place. And the morning after that, another book is missing. The story explores problem solving and working together. |

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception - Cameroon), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher

PSHE Read Aloud Books: Year 1

| Term | Autumn 1 | | Autumn 2 | | Spring 1 | | Spring 2 | | Summer 1 | | Summer 2 | |
|-----------------|---|---|--|---|--|--|--|--|---|---|---|---|
| Theme | Being Me in My World | | Celebrating Difference | | Dreams and Goals | | Healthy Me | | Relationships | | Changing Me | |
| England | Secret, Secret by Daisy Law | Look Up by Nathan Bryan | Juniper Jupiter by Lizzy Stewart | This is Sadie by Sara O'Leary | Puffin Peter by Petr Horáček | Under the Ramadan Moon by Sylvia Whitman | The Three Billy Goats' Stuff! by Bob Hartman | The Koala Who Could by Jim Field | The World Made a Rainbow by Michelle Robinson | The Sneetches by Dr Seuss | The Crocodile Who Didn't Like Water by Gemma Merino | I Am Enough by Grace Byers |
| Ireland | The Crocodile Who Didn't Like Water by Gemma Merino | Look Up by Nathan Bryan | Juniper Jupiter by Lizzy Stewart | The Sneetches by Dr Seuss | I Am Enough by Grace Byers | Puffin Peter by Petr Horáček | Oh No George by Chris Haughton | Secret, Secret by Daisy Law | The Koala Who Could by Jim Field | The World Made a Rainbow by Michelle Robinson | Under the Ramadan Moon by Sylvia Whitman | Billy Monster's Daymare by Alan Durant |
| Scotland | Juniper Jupiter by Lizzy Stewart | The World Made a Rainbow by Michelle Robinson | Look Up by Nathan Bryan | The Crocodile Who Didn't Like Water by Gemma Merino | Under the Ramadan Moon by Sylvia Whitman | Oh No George by Chris Haughton | Puffin Peter by Petr Horáček | Secret, Secret by Daisy Law | The Sneetches by Dr Seuss | Please Mr Panda by Steve Antony | I Am Enough by Grace Byers | The Koala Who Could by Jim Field |
| Wales | The World Made a Rainbow by Michelle Robinson | Juniper Jupiter by Lizzy Stewart | Look Up by Nathan Bryan | Cool Cuts by Mechal Renee Roe | Oh No George by Chris Haughton | The Sneetches by Dr Seuss | I Am Enough by Grace Byers | Under the Ramadan Moon by Sylvia Whitman | Please Mr Panda by Steve Antony | Secret, Secret by Daisy Law | The Koala Who Could by Jim Field | The Crocodile Who Didn't Like Water by Gemma Merino |