



Building Personal Success



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Dear Parents and Carers,

Each half term, each class is given two PSHE (Personal, Social and Health Education) inspired books to read in class. The children listen to the story, then think about all of the concepts to do with PSHE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

The children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence, they learn to listen well to each other and they learn to build on the thoughts and ideas of each other to create a meaningful dialogue. They find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age.

This activity aims to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

Caring	Collaborative
Listening, concentrating, valuing and appreciating e.g. showing interest in, and sensitivity to, others' experiences and values.	Responding, communicating, supporting and conciliating e.g. building on each other's ideas, shaping common understandings and purposes.
Critical	Creative
Questioning, interrogating, reasoning and evaluating e.g. seeking meaning, evidence, reasons, distinctions and good judgements.	Connecting, relating, suggesting and speculating e.g. providing comparisons, examples, criteria, alternative explanations or conceptions.

At our recent RSHE parental consultation, parents asked for information about these books so that they could investigate the contents of the books themselves and prepare to talk to their children about the books at home.

These are the books being used, in Year 3 for PSHE Read Aloud, this academic year:

Book and Author	Themes to be explored
Good Little Wolf by Nadia Shireen	This is a story about a wolf called Rolf - a good little wolf who liked baking cakes and was always kind to his friends. But another wolf tries to convince him that real wolves aren't supposed to be good - they're supposed to be BIG and BAD. This story facilitates a discussion about being your own person and watching out for negative influences.
Immi by Karin Littlewood	This is the story of Immi who finds a beautiful wooden bird at the end of her fishing line, and every day after that she discovers something new, until her igloo is the brightest thing in the land. But where are these mysterious gifts coming from, and who is sending them? This story allows the children to explore the concept of hope and friendship.
Meesha Makes Friends by Tom Percival	Meesha loves making things . . . but there's one thing she finds difficult to make - friends. She doesn't know quite what to do, what to say or when to say it. This story facilitates a discussion about the joys and difficulties of making and keeping friends.
Next Door's Dog Has A Job by Gina Dawson	This story tells the children about the role of a service dog and facilitates a discussion about how we can support people in our community.
Rosa Parks by Lisbeth Kaiser	Part of the 'Little People, Big Dreams' series, the children recap their learning from Year 2 about this inspiring civil rights activist. They think about their own rights and responsibilities in our community today.
Skin Again	<i>"The skin I'm in is just a covering. It cannot tell my story. The skin I'm in is just a</i>

by Bell Hooks	<i>covering. If you want to know who I am, you have got to come inside and open your heart way wide.”</i> This books shows children that we should celebrate all that makes us unique and different. Skin Again offers children the opportunity to talk about what's most important – who we are on the inside.
Stuck by Oliver Jeffers	A story about a little boy who gets his kite stuck in a tree and ends up throwing lots of other things in the tree to try and dislodge it. This story facilitates a discussion about problem solving.
The Family Book by Todd Parr	The Family Book celebrates the love we feel for our families and all the different varieties they come in. Whether you have one parent or two, a big family or a small family, a clean family or a messy one, Todd Parr assures readers that no matter what kind of family you have, every family is special in its own unique way. This book facilitates a discussion about what families have in common and how we can appreciate the family we belong to.
The Girl who Never Made Mistakes by Mark Pett	This is the story of Beatrice Bottomwell who has NEVER (not once!) made a mistake. She never forgets her maths homework, she never wears mismatched socks, and she ALWAYS wins the yearly talent show at school. In fact, the entire town calls her The Girl Who Never Makes Mistakes! One day, the inevitable happens: Beatrice makes a huge mistake in front of everyone! This story helps children to realise that life is more fun when you enjoy everything--even the mistakes.
The Huge Bag of Worries Paperback by Virginia Ironside	Wherever Jenny goes, her worries follow her - in a big blue bag. They are with her all the time - at school, at home, when she is watching TV and even in the bathroom! Jenny decides they have to go, but who will help her get rid of them? This book supports a discussion with children about how they can deal with worries and anxiety, reassuring them that it is good to talk.
The Cow Who Climbed a Tree by Gemma Merino	Tina is not like the other cows – she likes to explore and try new things. She likes to believe that anything is possible. She faces up to the challenge of others around her not believing in her. This book facilitates a discussion about persistence and resilience.
The Sheep Who Hatched an Egg by Gemma Merino	This story is about Lola the sheep who is extremely proud of her extraordinary wool but discovers that friendship is more important than looks.
The Squirrels who Squabbled by Rachel Bright	This is the story of two squirrels who learn to share and work together, facilitating a discussion on the importance of friendship and sharing.
Under My Hijab by Hena Khan	This lovely book invites readers to understand and appreciate the hijab and the Muslim women who decide to wear it.
Under the Same Sky by Britta Teckentrup	This story gives the children the opportunity to think about what connects people, no matter where they are in the world, such as thinking about their shared hopes and dreams.
Voices in the Park by Anthony Browne	This is a story about a visit to the park, told from four different perspectives. It encourages the children to look at things from another person's point of view and to not be judgemental.
What If? by Anthony Browne	This story is all about a boy called Joe, who is nervous about going to a friend's birthday party for the first time. As he and his mum look for the right house, the story explores lots of 'What if...' questions. This story facilitates a discussion with the children about how to manage our worries and also shows them that adults have worries too.
When I was Born by Isabel Minhos Martins	This book is all about the awe of wonder of life beginning. It talks about the adventure of discovering the world for the first time in simple and engaging language. Breathing, seeing, hearing, tasting and touch are explored.
Under the Same Sky by Britta Teckentrup	This story is about two friends who live on opposite sides of the world. It explores friendship and facilitates a discussion about maintaining and looking after friendships.

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to your class teacher, the PSHE lead – Ms Henson (Reception - Cameroon), or to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher

PSHE Read Aloud Books: Year 3

Term	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Theme	Being Me in My World		Celebrating Difference		Dreams and Goals		Healthy Me		Relationships		Changing Me	
Ghana	The Huge Bag of Worries Paperback by Virginia Ironside	Meesha Makes Friends by Tom Percival	Rosa Parks by Lisbeth Kaiser	Skin Again by Bell Hooks	Next Door's Dog Has A Job by Gina Dawson	When I was Born by Isabel Minhos Martins	The Squirrels who Squabbled by Rachel Bright	Immi by Karin Littlewood	The Family Book by Todd Parr	Voices in the Park by Anthony Browne	The Girl who Never Made Mistakes by Mark Pett	The Cow Who Climbed a Tree by Gemma Merino
Namibia	Voices in the Park by Anthony Browne	Meesha Makes Friends by Tom Percival	Skin Again by Bell Hooks	Under My Hijab by Hena Khan	Rosa Parks by Lisbeth Kaiser	Next Door's Dog Has A Job by Gina Dawson	When I was Born by Isabel Minhos Martins	The Huge Bag of Worries Paperback by Virginia Ironside	The Squirrels who Squabbled by Rachel Bright	The Family Book by Todd Parr	The Sheep Who Hatched an Egg by Gemma Merino	The Girl who Never Made Mistakes by Mark Pett
South Africa	The Huge Bag of Worries Paperback by Virginia Ironside	Rosa Parks by Lisbeth Kaiser	Meesha Makes Friends by Tom Percival	Next Door's Dog Has A Job by Gina Dawson	The Girl who Never Made Mistakes by Mark Pett	Skin Again by Bell Hooks	Stuck by Oliver Jeffers	The Family Book by Todd Parr	Voices in the Park by Anthony Browne	The Squirrels who Squabbled by Rachel Bright	Under the Same Sky by Britta Teckentrup	When I was Born by Isabel Minhos Martins
Zimbabwe	Next Door's Dog Has A Job by Gina Dawson	Rosa Parks by Lisbeth Kaiser	The Family Book by Todd Parr	Voices in the Park by Anthony Browne	Skin Again by Bell Hooks	The Girl who Never Made Mistakes by Mark Pett	The Huge Bag of Worries Paperback by Virginia Ironside	Stuck by Oliver Jeffers	Meesha Makes Friends by Tom Percival	Good Little Wolf by Nadia Shireen	When I was Born by Isabel Minhos Martins	What If? by Anthony Browne