



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



Being a Parent Courses

EMPOWERING PARENTS, EMPOWERING COMMUNITIES (EPEC)

Delivered for Parents by Parents:

This course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children.

You will leave this course feeling better able to:

- Help others by sharing your experience as a parent
- Support your children as they move from Primary to Secondary school
- Create a calm and peaceful family life

Being a Parent Course Details:

TUESDAY

Virtual on Zoom - ASD
Specific

Start: 4th Oct 22

End: 13th Dec 22

Time: 9:30-12pm

ASD - 10
weeks

THURSDAY

Canning Town Library -
ASD Specific

Start: 6th Oct 22

End: 15th Dec 22

Time: 10-12:30pm

Standard -
9 weeks

FRIDAY

Tollgate Primary School
- Standard BAP

Start: 30th Sept 22

End: 2nd Dec 22

Time: 9:30-11:30am

Light
refreshments
provided

To sign up, please scan
the QR code here:



SCAN ME



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Being a Parent Facilitator Training

EMPOWERING PARENTS, EMPOWERING COMMUNITIES (EPEC)

Would you like to join the Peer Parenting Team?

We are looking for enthusiastic parents/carers who would like to train to become a peer facilitator.



Who is the Training for?

This training is for parents interested in developing their skills to support other parents in their community.

By the term 'parents' we mean mothers, fathers, grandparents and carers who have experienced carrying out a parenting role.

We also welcome teaching staff who are interested in delivering the course in their School.

What a Facilitator Role looks like:

- Facilitates BAP and BAP ASD courses
- Facilitates Coffee and Chat sessions
- One to one Befriending
- Outreach in the community

Course Details:

Every Friday from
30th September to 9th December
(excluding half term)
9.30am to 4:00pm
Venue to be Confirmed

For an application form or more information, please contact:

Yvette.Walker@newham.gov.uk

PLEASE NOTE, THIS TRAINING COURSE IS FREE.

For information on upcoming parent courses, please scan the QR code here:



SCAN ME