



Ambition Aspire Achieve

Positive Transitions



FREE LIFE SKILLS support
for young people
aged between
16-24 with
additional needs

Weekly sessions helping to build confidence and develop new skills for young people with additional needs that are transitioning into adulthood

Monday 2-4pm

Life skills

Tuesday 1.30pm – 3.30pm

Multi sports and exercise

Thursday 2-4pm

Creative sessions and workshops

Sessions will include:

Life skills such as household activities, social interaction, personal development and confidence building.

Creative sessions including art and photography, gardening and growing, cookery, music as well as taking part in the Arts Award.

Multi sports and health sessions where young people can try a number of activities and learn about healthy choices.

We will also be holding day trips and work experience guidance throughout the year.

At the Terence Brown Arc in the Park, Bethell Road E16 4JT

Booking is essential

For more information or to book a place please contact Leo Featherman
07904882104 leo@theaazone.com



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The Terence Arc in the Park , Bethell Avenue, E16 4JT

Additional information

At Ambition Aspire Achieve our main priority is to keep children and staff safe, whilst providing fun and engaging activities. Following guidance around COVID 19, we have introduced a number of measures to ensure that our clubs and activities are delivered safely at all times

Safety measures will include:

Pre-booking introduced for all sessions with places allocated on a first come, first served basis

Additional controls in place to access Arc in the Park, including non-invasive temperature checks

Reduced group sizes on site at any one time

Extra hygiene and cleaning measures, before, during and after all sessions

Maintaining social distancing measures

Booking is essential

For more information please contact Leo
leo@theaaazone.com 07904882104

Positive Transitions
is supported by:

