



Safeguarding and Behaviour Newsletter

Date: 9/12/22 Issue: 1 <http://brampton.newham.sch.uk> Tel: 020 8472 0830

At Brampton Primary School safeguarding is everyone's responsibility. The senior safeguarding team (pictured below) lead the systems and practices, while providing support and guidance for all stakeholders.



**Alex
Wedgbury**
Designated
Safeguarding
Lead



**Marie
Hardie**
Deputy
Designated
Safeguarding
Lead



**Olusola
Awelenje**
Deputy
Designated
Safeguarding
Lead



**Tracey
Baillie**
Deputy
Designated
Safeguarding
Lead



**Paven
Kettory**
Headteacher

Dear Parents/Carers,

This is the first safeguarding and behaviour newsletter produced by Brampton Primary School. The purpose behind these termly bulletins will be to promote further the school's work in maintaining the safety and wellbeing of all children:

- Information for families on where and how to access support
- Guidance for parents and carers on specific issues
- Details on how school systems operate and are managed
- Updates on key strategies and initiatives

Our hope is that all stakeholders in the school are provided with the information they require to support the school's core mission: promoting and protecting the rights of every child. We also hope to develop a better understanding of the various ways Brampton Primary School safeguards children and families.

The other members of the senior safeguarding team and I are in the playground every morning and afternoon for any queries or concerns parents and carers may have. You can also contact us using the safeguarding email address (safeguarding@brampton.newham.sch.uk) or by calling 0208 472 0830.

Thank you for your continued support in helping to safeguard the children of Brampton Primary School.

Yours faithfully,

Alex Wedgbury
Designated Safeguarding Lead (DSL)





Support, Advice and Guidance



Bumps, Bruises, Bites and Cuts

We greatly appreciate the communications we receive from parents and carers informing us of injuries and illnesses. The information supports the school in managing the wellbeing of children by ensuring appropriate steps are taken to prevent wounds from getting worse. Please make sure you continue to inform staff of any bumps, bruises, bites or cuts. Staff are required to

speak to parents and carers about any unexplained marks on children, so please be patient with us when we ask.

Cost of Living Crisis

We are aware that many families are struggling with the soaring energy prices, increasing food costs and cold temperatures this winter. We have included support available through the local authority to families in this newsletter, but we are also able to provide food vouchers and help with purchases, such as school uniform. Please do speak to a member of the senior safeguarding team if you are facing difficulties.



Asda are currently running a scheme that enables children to eat at any Asda cafes for £1, with no minimum adult spend: [Children can eat for just £1 at Asda | Asda Good Living](#). Over a million meals have already been served throughout the country.

You can also access support via the following website: [Newham Families Advice and Support](#).



Mental Health Support

We are continuing to work with families and children to promote strong mental health. Our education mental health practitioner, Abhipsa Das, is currently running workshops for children on developing emotional literacy and resilience. Abhipsa also works directly with parents to support them in addressing issues their children may be facing, such as anxiety, behavioural challenges and low self-esteem. If you would like more information on how our education mental health practitioner (EMHP) could support you and your family, please speak to our DSL, Alex Wedgbury.

Our personal, social and health education (PSHE); religious education (RE); and, sex and relationship education (RSE) curriculums, as well as our assemblies, educational visits and clubs help children to develop empathy, social skills and self-confidence. If you would like more information on how Brampton Primary School promotes strong mental health and wellbeing, please speak to our curriculum lead, Marie Hardie.

Attributions

designed by Zinkevych - Freepik.com
designed by Rawpixel.com - Freepik.com
designed by Master1305 - Freepik.com



Support, Advice and Guidance Continued



Anti-Bullying

We recently participated in *Anti-Bullying Week 2022*. Children and staff attended school in odd socks to promote the idea that difference is to be

celebrated. Children also took part in an assembly reminding them of what bullying is and how we tackle it at school. They completed a class-council to explore what they would do if they saw someone being bullied.

We had all classes from years 1—6 complete an anti-bullying survey before the assemblies on bullying. Less than a third of pupils understood that bullying is **hurtful**, **purposeful** and **repeated** behaviour, which means we will be doing a lot more work on developing children's understanding.

Developing children's understanding of bullying is vital in helping us to tackle it. Our third school rule (*At Brampton Primary School we fight against all forms of bullying*) encourages using the 4 steps:

1. Decide if you are being bullied. Is the behaviour hurtful, purposeful and repeated?
2. If you are being bullied, tell the person responsible how you feel and that you want them to stop.
3. If the bully does not stop, tell an adult.
4. Find out from the adult how they will help you.

Safeguarding Practices

All schools in the United Kingdom have strict duties placed on them to report any potential cases of harm against children: physical, emotional, sexual or neglect. At Brampton Primary School we take this responsibility seriously and work closely with a range of outside agencies to safeguard all children.

We understand it can be frustrating, worrying and stressful when a member of staff asks questions about the safety and wellbeing of your child. Please understand that we have to do this in order to uphold our core values and fulfil our legal obligations. Staff at Brampton Primary School approach these conversations without judgement and always make it clear that it is not our role to assess or evaluate.

There may be times when we have to refer cases to outside agencies, such as Newham Child and Adolescent Mental Health Service or social services. We do this with a view to ensuring children and families get the best support they can.

If you have any questions about the safeguarding practices at Brampton Primary School, please speak to our DSL, Alex Wedgbury.



Support for Families



FREE HELP WITH LIVING COSTS



Free help with money

- Our Newham Money: ☎ 020 8430 2041 ✉ ournewhammoney@newham.gov.uk
www.ournewhammoney.co.uk
- Money A+E: money advice & education to people in Newham
www.moneyaande.co.uk ☎ 020 8616 3750
- Community Links: for housing, debt, consumer and employment advice, free legal services from FreeLaw. www.community-links.org ☎ 020 7473 2270
- Bonny Downs: Welfare and Welfare Benefit Checks for over 65s ☎ 020 8586 7070



Free help with housing

- If you're having problems with a private landlord or letting agency, contact:
✉ privatehousing@newham.gov.uk ☎ 020 3373 1950
- If you're homeless, you can get support from our Homelessness Prevention service at:
www.newham.gov.uk/housing-homes-homelessness/homelessness-prevention-advice
- If you're threatened with homelessness, contact: ✉ hpas@newham.gov.uk
- Emergency help for families with children: MASH ☎ 020 3373 4600 during office hours (Mon-Thurs, 9am-5.15pm or Fri 9am-5pm) ☎ 020 8430 2000 at any other time
- If you're pregnant and need immediate help or you're clinically or physically vulnerable.
✉ Accessto.AdultsSocialCareTeam@newham.gov.uk



Free help with food

- Newham Food Alliance ☎ 07790 975 086 ✉ frontdoor@newhamfoodalliance.org
www.newham.gov.uk/newhamfoodalliance



Free help with energy bills

- Our Newham Money: ☎ 020 8430 2041
- East End Citizens Advice: ☎ 020 8525 6379 Tuesdays & Wednesdays 10am-1pm
- Mayor of London Warmer Homes Programme: ☎ 0300 555 0195 ✉ shine@islington.gov.uk



Free help with work

- Our Newham Work: ☎ 020 3373 1101 ✉ ournewhamwork.engagementteam@newham.gov.uk
www.ournewhamwork.co.uk
- Employment Rights Hub for free confidential support and advice if someone is having problems at work ☎ 20 3373 6494
- Work Rights Centre for help with employment rights, CV building and benefits
☎ 0300 4000 100 (EN) 07437 110951 ✉ contact@workrightscentre.org



Free help with stress and emotional pressure

- Free and confidential psychological support for adults:
www.newhamtalkingtherapies.nhs.uk ☎ 020 8175 1770
- For children (under 18): Talk to your doctor or the school.
- For school health support ☎ 020 3373 9983
www.newham.gov.uk/schoolhealth
- Mental health crisis line for anyone: ☎ 0800 073 0066 anytime

costoflivingresponse@newham.gov.uk
www.newham.gov.uk/council/cost-living-response

WE ARE NEWHAM.

