



Brampton Primary School

Building Personal Success

Date: 28/02/2023

Issue: 5

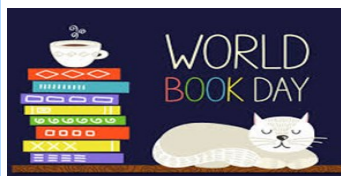
<http://brampton.newham.sch.uk>

Tel: 020 8472 0830

Dates for your diary 2023

Friday 3rd March

- World Book day - dress up



Monday 6th March

- Soanes Centre visit - Italy class
- Ark Farm visit - Nursery, Reception, ASD & PMLD

Tuesday 7th March

- Soanes Centre visit - Spain class

Friday 10th March

- Snakes Alive workshop (internal) - Reception

Monday 13th March

- East Ham Easter Experience - Year 4

Monday 20th March

- Soanes Centre visit - Poland class

Monday 21st March

- Soanes Centre visit - Belgium class

Spring break

**Monday 3rd April—
Friday 14th April 2023**



Dear Brampton Family,

We have reached the end of another month. The days are getting longer and there are tiny glimmers of spring in the air – what an exciting month it has been!

Our **parents' evening** went smoothly on both nights. As I walked the building, parents/carers shared their positive experiences of the school and there were lots of smiles all round.

We have had 108 parents/carers complete the Ofsted Parent View. 90% said that they felt that their child was happy. 91% agreed that their child was safe. 83% said that their child has not been bullied or that they felt the school dealt with any incidents well – please remind your children to tell a trusted adult if they ever feel they are being bullied. 90% agreed that their child does well at this school. 86% would recommend this school to others. These are a good set of views and it paints the school in a positive light, which it definitely deserves. We would, however, like these percentages to be even higher.

This month we marked **Children's Mental Health Week**, taking a lot of time to reflect upon the theme of 'Connection' and how this impacts upon our emotional health. We are incredibly proud of our school community and the many ways in which we all ensure children thrive and realise their full potential. We have also held various parent workshops this month and want to say a huge thank you to parents who attended. Please do look out for the invitations in the future.

We are very excited to announce that Ms Valverde secured the **Silver Level** in the prestigious **Global School Award**. The award recognises the whole school commitment to creative and innovative global education, and Ms Valverde's dedication and commitment to BPS. We are very lucky to have her teaching Spanish in our school.

Thank you to Ms Reay who organised, with her wonderful team, a very positive trip to **Fairplay House**. One parent commented:

I just wanted to pass on my thanks to Ms Reay and the other members of staff that have given up so much of their own time this week to take the children to Fairplay House. It has been very reassuring to have regular updates, and I realise how busy and full-on any sort of educational visit is for staff. I really do appreciate their dedication and hard work and just wanted them to know.

We held our **Parent Forums** this month but unfortunately we had a very low turnout. We discussed how to increase participation and will in future send out more reminders in advance. The notes from these meetings have been uploaded onto our website, so please do have a read through them. Remember, if you cannot attend any of the times but would like to have a question raised with us for discussion, please send queries via email to info@brampton.newham.sch.uk. I will ensure that it gets added to the agenda for the future.

Please remember, if you have any **feedback for the senior leadership team (SLT)** you can approach us at the gates, ask for an appointment, email or ring in. A member of the SLT will get back to you. We also have our 'Suggestion Box' in the reception area. We value all your feedback and in partnership we will reach our children's true potential: *Building Personal Success*.

Mrs Paven Kettory

Headteacher

This month's BTHL

Article 27 – Every child has the right to food, clothing and a safe place to live so they can develop in the best possible way.

This month, on 17th March, we will be supporting Comic Relief's Red Nose Day appeal. In our assemblies, we will be learning about how we can support children, in this country and around the world, develop in the best possible way through the work of charities.

What can we do when we know children's rights are not being respected?

Other Information



Rights Respecting Schools



At Brampton we are a rights respecting school. Children's rights is always at the forefront of our minds.

Every month we have an Article of the month and for the month of February we chose [Article 17](#) (Access to information).

We asked children to look for reliable sources of information such as our school and their parents. We understand many children use YouTube as an accurate source of information and we want our children to think critically whether the sources of information are biased or not biased towards a particular viewpoint.



In March our Right of the Month will be [Article 27](#):

[Article 27](#)- Every child has the right to food, clothing and a safe place to live so they can develop in the best way possible.

**JOIN OUR FREE, FUN COOKING COURSES.**
...all you need is a kitchen and a phone!

**SAVE MONEY,
COOK BETTER
THAN THE
TAKEAWAY.**

Free, fun cooking
courses **AT HOME**.
Cook great food
in just 2 weeks!
Impress friends
and family

CHANA MASALA	ITALIAN PASTA SAUCE	MIDDLE EASTERN PILAF
		



Exciting meals can be quick, fun, easy and cheap to cook with our FREE (ingredients included), flexible, home based short courses.

To register: <https://bagsoftaste.org/students/>

**RED NOSE DAY**

FRIDAY 17 MARCH



News from Year 4 (Mid phase)

In English lessons, the children have been **exploring poetry**. They have looked at a range of different poetic devices and how it has an impact on the reader. The poem *The Day I Fell Down the Toilet* is a poem by Steven Turner has been a wonderful stimulus for writing and the children absolutely love it. They will be using the poem to write their own creative narrative.

In mathematics, the children have begun to learn to read time on an **analogue clock**. It is crucial for children to tell the time accurately, know the difference between am and pm and convert digital times to analogue and vice versa. The children will then be moving on to word problems involving time. Please encourage your child to tell the time accurately at home to embed the skill to real life situations.

Some children went to **Fairplay House** last week, for three days. All of the children were incredibly well behaved and really faced their fears! They demonstrated what resilience, determination and perseverance looked like and were the epitome of being brave! The children had the chance to have a go at the zip wire, climbing the high ropes, go on a giant swing and do some archery. They also had a night where they enjoyed a bonfire, eat marshmallows, listen to nature and look up at the many stars above them; the night then ended the night with hot chocolate.

The children were also dropped off in the dark, in the middle of the forest, where they were to find their way back to the house. All of the activities required team work and listening skills which they all did exceptionally well. They learnt life-long skills such as putting on their own duvet covers and making their beds, cleaning tables and washing the dishes as well as working as a team and pushing their own boundaries.

"I burst my fear bubble," was something that Anastasia quoted and Zahran announces, "I didn't know I was this brave," which just goes to show what happens when we step out of comfort zone. We are so grateful to have witnessed memories being made that they will carry with them for a long time. Here are some pictures to give an insight to what the children got up to...



Birthdays in Year 4

Kavish





Inclusion & other information



ALI - GATOR
Swimming Club

We want to make swimming accessible,
fun and easy for everyone!

Inclusive swimming lessons for Children and Adults.

We specialise in swimming lessons for pupils with
Special Education Needs and Disabilities.

- > Group Swimming Lessons - 4 pupils with 2 instructors
- > Private 1:1 Swimming Lessons
- > Private 2:1 Swimming Lessons

Every SATURDAY
5 pm - 6 pm

Newham Leisure Centre:
281 Prince Regents Lane, E16 3LW (free parking)

To book:

- ✉ Ali-GatorSwimmingClub@outlook.com
- ☎ 07732 024864
- 📍 AliGatorSwimmingClub

* Limited spaces available *

Free swimming hat on your first lesson



Bikeworks - inclusive drop-in cycling club (Queen Elizabeth Olympic Park)

Come along to the Bikeworks' weekly inclusive drop-in cycling club in Queen Elizabeth Olympic Park on Tuesdays and Thursdays.

The clubs offer the chance for people of all abilities and experience levels to try out our range of adapted cycles in an off road park environment. The cycles we have include: standard two wheel cycles, tricycles, side by side cycles, recumbents, hand cycles and wheelchair platform cycles.

Who can attend?

The clubs are free to access for everyone and are drop-in, so you can simply turn up whilst a session is running to attend.

Generally we say **anyone over the age of five** can take part due to the size of our smallest cycles. **The sessions are tailored towards people with SEND.**

When are the sessions?

Sessions occur between 10am-1:45pm just outside the Lee Valley VeloPark, Abercrombie Rd E20 3AB.



WE ARE NEWHAM.



Ambition Aspire Achieve

Charity Registration Number: 1167816

SEND YOUTH CLUBS

FREE for 9 to 25 years olds

Staff ratio - 1 staff member to 3 young people -
Offering A Safe, Fun, Social, Interactive Environment

Weekly Timetable:

(term time and school holidays)

Mondays 4:30pm to 7:30pm:

Terence Brown Arc, Hermit Road Park, Bethell Ave E16 4JT

Mondays 4pm to 6pm:

Glyn Hopkin Abbey Hub, 6 Gay Road, Stratford E15 2RN

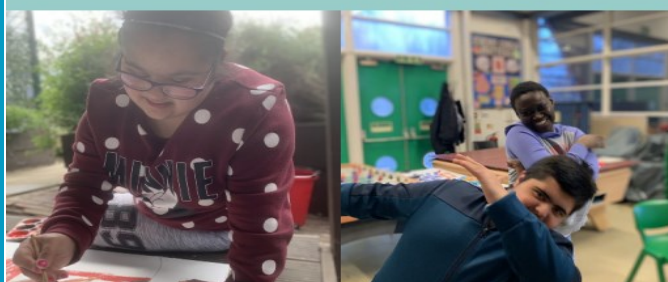
Wednesdays 4:30pm to 6:30pm:

St Luke's Community Centre, 85 Tarling Road, Canning Town E16 1HN

Thursdays 4:30pm to 7:30pm:

Terence Brown Arc, Hermit Road Park, Bethell Avenue E16 4JT

Activities Include: A Variety Of Sports, Arts And Crafts, Movies, Music, Keep Fit Sessions, Table Tennis, Games And MUCH MUCH MORE!



Supported By London Borough of Newham

Booking Is Essential, Contact:

Leo on 07904 882 104 / leo@theaaazone.com

Web: www.theaaazone.com | Twitter: @theaaazone | Facebook @ AmbitionAspireAchieve/



£2

NEWHAM COG Cycling

Saturday Sessions

- Balance to pedal bike session (ages 3-6) 10am to 11am
- SEND only BMX session (ages 5-17) - 11am to 12pm
- Beginners BMX session (ages 6-17) - 12pm to 1.30pm
- Intermediate BMX session (ages 6-17) - 1.30pm to 3pm

Location **GOOSELEY PLAYING FIELDS (PUMP TRACK)**
Newham St Albans Avenue, East Ham, E6 6HQ

all bikes & helmets provided
must wear trainers, trousers & long sleeved top

young people must be able to ride a bike confidently for BMX sessions

no pre-booking, just turn up
parent/guardian must attend to register children on the day

www.cogcycling.co.uk
info@cogcycling.co.uk

@COGCyclingHH (Facebook)

CACIOPP

PINPOINT

ACCESSIBILITY

GOV.UK



Other Information

NEWHAM'S PATHFINDER PROJECT.

Are you aged 6-25 living in Newham?
Are you from a Black, Asian, Roma and other minority ethnic background dealing with trauma related to the COVID-19 pandemic?
Has the pandemic affected your mental health or school life in any way?
Do you need a safe space to express your feelings or talk with a trusted individual?
Do you need support in dealing with trauma related to any of Adverse Childhood Experiences (ACEs) overleaf?
Would you love to express your voice on issues related to the COVID-19 pandemic, racism, inequality and disproportionality?

If YES, the Pathfinder Project is here for YOU.
 In collaboration with our partners, we provide access to a range of services.

For any further information on how we can help you, call 020 3373 9814 or email pathfinder@newham.gov.uk

www.newham.gov.uk/pathfinder

WE ARE NEWHAM.

People of the Heart of Everything We Do

NEWHAM'S PATHFINDER PROJECT SERVICES

MENTORING

TALKING WITH A TRUSTED ADULT

COUNSELLING

ENGAGEMENT IN EXTRA-CURRICULAR ACTIVITIES

DIGITAL SUPPORT

APPLYING FOR JOBS AND APPRENTICESHIPS

DEVELOPING EMPLOYABILITY SKILLS

CAREER GUIDANCE

BEREAVEMENT SUPPORT

PARENTAL SUPPORT

ACTIVE YOUTH GROUPS

ADVERSE CHILDHOOD EXPERIENCES (ACEs)

- Significant Loss or separation
- Domestic Abuse
- At risk of exploitation (including Child Sexual Exploitation (CSE), Child Criminal Exploitation (CCE), gangs)
- Neglect
- Parental Substance Misuse
- Abuse (Physical/sexual/emotional)
- Victim of bullying
- Behaviour issues related to recent/historical trauma
- Poor mental health
- Low confidence/self esteem
- Digital poverty
- Increased parental anxieties
- Special Education Needs (SEND)
- Homelessness/ temporary accommodation
- No Recourse to Public Funds (NRPF)
- Community violence
- Poverty
- Not in Education, Employment or Training

People of the Heart of Everything We Do

MENU – WEEK 2

YOUR MENU @

BRAMPTON

PRIAMRY SCHOOL

----- Autumn - Winter 2022 / 2023 -----

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Chicken Sausages with Mashed Potatoes	Chicken & Vegetable Jolloff Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Moroccan Chicken Bake	Fish Fingers with Jacket Wedges
Second Choice	Piri Piri Chicken Pasta Bake	Jacket Potato with Cheese & Beans or Tuna Mayo	Spinach & Feta Whirl with Roast Potatoes	Chicken Curry with Rice	Mexican Chicken Burrito with Wedges
Vegetarian Choice	Thai Style Veggie Rice Bowl	Sweet Potato Macaroni Cheese	Quorn Burger in a Bun with Salad	Quorn Stir Fry with Noodles	Cheese & Onion Slice with Wedges
Vegetable Selection	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ice Cream Sponge Roll	Marble Cake & Custard	Date & Banana Flapjack	Lemon & Courgette Cake with Custard	Waffles with Fruit & Ice Cream
Daily Options Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 2

7 Nov, 28 Nov, 29 Dec, 9 Jan, 30 Jan, 27 Feb, 20 Mar

Our Free Price Scheme funded by Newham London

MEAT SERVED AT THIS SCHOOL IS HALAL & NON-HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart

ND - New Dish FGA - In association with Forest Green Rovers

DINEin

AND DISCOVER