



Building Personal Success



Brampton Primary School
Brampton Road
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Mrs P Kettory
Headteacher

Tuesday 16th April 2024

Dear Parents and Carers,

At Brampton Primary, every week, each class is taught a PSHE (Personal, Social and Health Education) lesson. The PSHE lessons are based on the Jigsaw scheme of work and adapted for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Relationships**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in Year 2 this half term:

<p align="center">Summer 1 PSHE and Citizenship Objectives</p>	<p align="center">Friday Achievement Assembly Certificates</p>
<ul style="list-style-type: none"> • I can identify the different members of my family, understand my relationship with each; of them and know why it is important to share and cooperate. • I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not. • I can identify some of the things that cause conflict with my friends. • I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret. • I recognise and appreciate people who can help me in my family, my school and my community. • I can express my appreciation for the people in my special relationships. 	<p>Week 1 This week we are celebrating people in our school who know how to make friends.</p> <p>Week 2 This week we are celebrating people in our school who try to solve friendship problems when they occur.</p> <p>Week 3 This week we are celebrating people in our school who help others to feel part of a group.</p> <p>Week 4 This week we are celebrating people in our school who show respect in how they treat others.</p>
<p align="center">Emotional Literacy and Social Skills</p> <ul style="list-style-type: none"> • I accept that everyone's family is different and understand that most people value their family. • I know which types of physical contact I like and don't like and can talk about this. • I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends. • I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this. • I understand how it feels to trust someone. • I am comfortable accepting appreciation from others. 	<p>Week 5 This week we are celebrating people in our school who know how to help themselves and others when they feel upset and hurt.</p> <p>Week 6 This week we are celebrating people in our school who know and show what makes a good relationship.</p>

On 16th April the children will also be taking part in 'My Right to be Safe Day'. The children will take part in a range of activities, including assemblies, aimed at helping children to understand when they need to keep themselves safe and how. As part of this, we will aim to teach the children about appropriate touch and keeping themselves safe, using the NSPCC PANTS resources.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help



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The children will take part in activities that help them to understand and remember this message in an age-appropriate way. If you would like to know more about the NSPCC's campaign, more information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to Miss Akram (PSHE Lead), your class teacher or to me.

Yours faithfully,

Mrs Marie Hardie
Deputy Head Teacher

**WE HAVE
ACHIEVED**



Quality Mark
EARLY YEARS
AWARD