



Building Personal Success



Brampton Primary School
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Mrs P Kettory
Headteacher

Tuesday 16th April 2024

Dear Parents and Carers,

At Brampton Primary, every week, each class is taught a PSHE (Personal, Social and Health Education) lesson. The PSHE lessons are based on the Jigsaw scheme of work and adapted for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Relationships**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in Year 4 this half term:

Summer 1 PSHE and Citizenship Objectives	Friday Achievement Assembly Certificates
<ul style="list-style-type: none"> • I can identify the web of relationships that I am part of, starting from those closest to me and including those more distant. • I can identify someone I love and can express why they are special to me. • I can tell you about someone I know that I no longer see. • I can explain different points of view on an animal rights issue. • I understand how people feel when they love a special pet. • I know how to show love and appreciation to the people and animals who are special to me. 	<p>Week 1 This week we are celebrating people in our school who know how to make friends.</p> <p>Week 2 This week we are celebrating people in our school who try to solve friendship problems when they occur.</p> <p>Week 3 This week we are celebrating people in our school who help others to feel part of a group.</p>
<p style="text-align: center;">Emotional Literacy and Social Skills</p> <ul style="list-style-type: none"> • I know how it feels to belong to a range of different relationships and can identify what I contribute to each of them. • I know how most people feel when they lose someone or something they love. • I understand that we can remember people even if we no longer see them. • I can express my own opinion and feelings on an animal rights issue. • I can understand that losing a special pet brings feelings that can be hard to cope with, but that it can be helpful to mark loss by celebrating special things about the pet. • I can love and be loved. 	<p>Week 4 This week we are celebrating people in our school who show respect in how they treat others.</p> <p>Week 5 This week we are celebrating people in our school who know how to help themselves and others when they feel upset and hurt.</p> <p>Week 6 This week we are celebrating people in our school who know and show what makes a good relationship.</p>

On 16th April the children will also be taking part in 'My Right to be Safe Day'. The children will take part in a range of activities, including assemblies, aimed at helping children to understand when they need to keep themselves safe and how. As part of this, we will aim to teach the children about appropriate touch and keeping themselves safe, using the NSPCC PANTS resources.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help



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The children will take part in activities that help them to understand and remember this message in an age-appropriate way. If you would like to know more about the NSPCC's campaign, more information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to Miss Akram (PSHE Lead), your class teacher or to me.

Yours faithfully,

Mrs Marie Hardie
Deputy Head Teacher

**WE HAVE
ACHIEVED**



Quality Mark
EARLY YEARS
AWARD