



**Building Personal Success**



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Headteacher

Dear Parents and Carers,

At Brampton Primary, every week, each class is taught a PSHE (Personal, Social and Health Education) lesson. The PSHE lessons are based on the Jigsaw scheme of work and adapted for the children here at Brampton. There is a different topic each half term. In Summer 2, all of the classes from Reception to Year 6 will be looking at the topic: **Changing Me**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in Year 2 in Summer 2:

<b>PSHE and Citizenship Objectives</b>	<b>Friday Achievement Assembly Certificates</b>
<ol style="list-style-type: none"> <li>1. I can recognise cycles of life in nature.</li> <li>2. I can tell you about the natural process of growing from young to old and understand that this is not in my control.</li> <li>3. I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.</li> <li>4. I can appreciate that some parts of my body are private.</li> <li>5. I understand there are different types of touch and can tell you which ones I like and don't like.</li> <li>6. I can identify what I am looking forward to when I am in Year 3.</li> </ol>	<p><b>Week 1</b> This week we are celebrating people who understand that everyone is unique and special.</p> <p><b>Week 2</b> This week we are celebrating people who can express how they feel when change happens.</p> <p><b>Week 3</b> This week we are celebrating people who understand and respect the changes that they see in themselves.</p>
<p><b>Emotional Literacy and Social Skills</b></p> <ol style="list-style-type: none"> <li>1. I understand there are some changes that are outside my control and can recognise how I feel about this.</li> <li>2. I can identify people I respect who are older than me.</li> <li>3. I feel proud about becoming more independent.</li> <li>4. I can tell you what I like about being me.</li> <li>5. I am confident to say what I like and don't like and can ask for help.</li> <li>6. I can start to think about changes I will make when I am in Year 3 and know how to go about this.</li> </ol>	<p><b>Week 4</b> This week we are celebrating people who understand and respect the changes that they see in others.</p> <p><b>Week 5</b> This week we are celebrating people who know who to ask for help if they are worried about change.</p> <p><b>Week 6</b> This week we are celebrating people who are looking forward to change.</p>

The story: *My Grandpa is Amazing* by Nick Butterworth will be read to the children in Week 2.

The story: *Titch* by Pat Hutchins will be read to the children in Week 3.

In Week 4, the teachers will explain to the children that boys and girls have different private parts and that the technical words for these parts are a vulva for girls and a penis for boys. No visual images will be used. The teachers will explain that our families may have family names for these parts, and that is okay, but it is important to know the technical words too. The teachers will explain that it is not appropriate to talk about our private parts in the playground etc. but if we want to ask a question, we can ask our parents or carers or ask a trusted adult at school.

The poem: *What About You* and the story: *Hug* by Jez Alborough will be read to the children in Week 6.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher or to me.

Kind regards,

Mrs Marie Hardie

Deputy Head Teacher