

# Brampton Primary School

## Brampton Physical Education (PE) Policy



**Building Personal Success**

**Reviewed by:** Mr. Paul Gillingham

**Date:** September 2023

**Link Governor:** Mrs Samantha Thorn

**Next review date:** June 2025

**To be read in conjunction with:**

- Teaching and Learning Policy
- School Uniform Policy
- Healthy Schools Policy
- SSF Action Plan and Report

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Brampton Physical Education (PE) Policy**

**Curriculum Statement**

**Building Personal Success** for all children is our core intention, and at the centre of everything we do. We are driven by the *UN Convention on the Rights of the Child*, specifically articles 3 and 29, and ensure they are always at the forefront of our thinking.

**PE Intent**

In PE at Brampton Primary School, our intent is for all pupils to continue to:

- actively and enthusiastically participate and engage in PE lessons;
- are risk-takers, creatively solving problems and competing in a range of activities as part of a team or individually;
- are nurturing leadership and physical skills in diverse and challenging activities and
- can confidently make healthy lifestyle choices and show an understanding of the benefits of physical activity and exercise.

PE is an integral and important part of the Brampton Curriculum. The teaching of PE is a legal requirement and at Brampton we believe that PE is essential in developing the following:

- How to live and maintain a healthy lifestyle.
- Confidence and good self-esteem.
- Teamwork.
- Thinking and mental skills.
- Analytical skills.
- Gross motor skills.
- Spatial awareness.
- Sport specific skills.
- Sportsmanship and discipline.
- A good attitude towards sport.
- A responsible attitude (equipment, kit, safety).

All children in the school have an equal right to participate and to be involved in good quality lessons and also to be able to attend out of school hours clubs.

**Aims of the PE curriculum (National Curriculum 2014):**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for physical education aims to ensure that all pupils:

Develop competence to excel in a broad range of physical activities.	Engage in competitive sports and activities.
Are physically active for sustained periods of time.	Lead healthy, active lives.

It is the responsibility of each class teacher to be aware of these aims and the ways in which they can be incorporated into a lesson.

**PE Implementation: Organisation and Timetables for PE lessons****Entitlement of each child**

The government has made a commitment to providing each child with at least two hours of good quality PE each week. At Brampton Primary School we have achieved this goal and we are very proud that we are able to provide this time to our children. Every child in KS1 and KS2 is timetabled for 2 hours of PE a week. There is also structured play for the foundation stage every day and an hour a week with a PE specialist. Play Leaders, from Year 6, are out in the playground at lunchtime to give out equipment and encourage the children to use it. Football matches take place daily during break and lunchtime.

The children are entitled to be taught by a qualified teacher or specialist coach.

**Sport Funding**

Brampton Primary uses the government sport funding to enhance and extend what is offered in PE. Resources and staff are invested in to give our pupils a range of additional activities (see SSF action plan and report).

**Pupil Premium**

Pupils who have been identified as pupil premium will be targeted with clubs as well as additional extra-curricular activities that they would not normally have access to.

**Extended Schools – After School Clubs**

Each academic year, we endeavour to run physical activity clubs every week (after school, at lunchtimes and before school) which are open to various year groups from Y1 to Y6. These clubs may include games, basketball, football, athletics, netball, dance and cycling. Clubs are also used to target specific groups of pupils (such as pupil premium and talented pupils) as well as to introduce and trial new and diverse activities such as parkour and skateboarding.

**SEND**

PE lessons are differentiated to allow all children, (including EAL, SEN and talented children) to take part and enjoy the PE curriculum.

**Specialist Teacher**

For one hour each fortnight, each class (from Nursery to Year 6) is taught by a PE specialist as part of PPA time. Brampton is committed to ensuring that all PPA time is a time of good quality teaching and learning and have therefore employed an experienced sports coach to provide cover.

**Clothing**

For every PE lesson the children should come to school wearing a PE kit. Depending on the activity and the weather, this can consist of jogging bottoms and a sweatshirt or shorts and a T-shirt. Footwear should consist of trainers or plimsolls. For dance and gymnastics, the children will be expected to work in barefoot. (Except in the rare case of a foot infection, when the child can wear a medical sock).

Jewellery must be removed before participating in PE for health and safety reasons.

The teacher is also expected to set a good example to the children by wearing appropriate clothing. Suitable footwear is also a non-negotiable.

**Injury**

If a child is unable to take part in the lesson due to an injury, a note must have been given to the teacher from the child's guardian, or the teacher must have heard directly from the guardian. A Risk Assessment will be completed by the school's first aid officer and sent electronically to the PE teachers and class teacher. If a child has received an injury in school that day, then the teacher must assess whether or not it is safe for the child to participate according to health and safety.

**Children unable to participate**

If a child is unable to physically take part in the lesson (for example, due to an injury), then they must still participate in the lesson by observing and filling in a PE worksheet. They can also be used as assistants to the lesson, helping to give out and count back in the equipment and evaluating the performance of the other children in the class. On some occasions, pupils may be sent to another teacher within the year group if their class is going out of the school grounds for PE (Brampton Park) and there would be nowhere for the child to safely observe (e.g. a child with a cast on their leg who would need to observe from a seat).

**Swimming**

Year 4 go swimming. See the PE lead for details in timings and frequency for this year.

The class who are swimming walk to Newham Leisure Centre. During the journey, the children put on their swimming caps. At Newham Leisure Centre, the teacher collects 2 keys, one for the boys' changing rooms and one for the girls' from the reception, they will also need to sign in and state how many children there are. The children change as quickly as possible and then line up in the corridor. When all the children are changed, they walk through the main changing rooms, have a quick shower and then sit in the waiting area at the side of the pool.

The teacher is expected by the pool staff to observe from the waiting area at the side of the pool.

Teachers and other staff should be bare foot when walking on the pool side. At the end of the lesson, the teacher waits for the children to change, lines them up in the corridor, locks the changing rooms and returns the keys. The children then return to school.

All children are expected to wear a proper swimsuit (boys with trunks, girls with a one-piece suit, not a bikini) and need to take with them a swimming cap and a towel.

**Timetable**

All pupils have 1 hour of PE with a PE coach and 1 hour of PE with a class teacher each week. The lessons are timetabled for outside in the playground, the sports' hall and the creative arts hall. Teachers also have the option to teach PE outside in Brampton Park. PE should never be cancelled due to slightly bad weather. A modified/shortened lesson may be used when the weather is extremely poor or the PE lesson can be moved to another day that week.

**Safe storage of apparatus and list of resources**

As the amount of resources grow, many resources have to be stored in a storage container and then brought out for use when needed.

All resources currently being used will be kept in the sports hall storage cupboard. At no time are pupils to be sent unaccompanied to collect PE equipment on behalf of their teacher, nor should anyone be collecting PE equipment whilst a class is being taught. The PE cupboard will be locked and access will have to be arranged in advance. Teachers will need to speak with the PE specialist to collect PE equipment.

PE equipment is not to be given out for use at break or lunchtimes.

PE equipment must be put back exactly as found, where it was found. Any missing/damaged equipment must be reported to the PE lead.

PE equipment must be returned as soon as possible so that the next class can have access to it. If teachers are wanting to keep a hold of any particular equipment for the duration of a unit, they must inform the PE lead.

Any classes that misuse or who do not look after PE equipment will no longer be able to access it.

**CHILDREN ARE NOT ALLOWED IN ANY OF THE PE RESOURCE AREAS WITHOUT SUPERVISION**

**Scheme of work and progression**

Brampton Primary is signed up to Complete PE. This resource provides planning for the PE specialist and the class teachers to follow. Each unit of work progresses to the next year. Topics can change from year group to year group but the applicable skills learnt will help progress children's learning.

Teachers will be responsible for adapting planning and assessing PE lessons that they teach. This will be monitored by the PE specialists.

**KS1**

Every half term, each class will cover two of the aspects of PE (games, gym and dance.) Warming up, skill work and plenary are expected features of each lesson.

**KS2**

Every half term, each class will cover 2 aspects of PE (from bat and field games, net/wall games, invasion games, gym, dance, athletics, outdoor and adventurous activities and swimming.) Warming up, skill work, competition and plenary are expected features of each lesson.

Some aspects are covered for longer and changes to the curriculum can take place depending on progression of pupils, changes and physical environment of the school, new topics being introduced through the School Sport Partnership and through continued professional development of the PE lead.

**PE Impact****Assessment**

Assessment will be completed online through Complete PE and will be recorded by both the PE coach and class teachers (depending on who is delivering the lessons). This will be used to track progress as well as inform teachers of the end of year attainment grade for pupil's school reports. Children that are talented or are struggling are reported to the PE subject leader. The PE subject leader will then look into sending talented children to outside clubs so that their talents can be developed. Talented pupils should take part in a number of tournaments through the School Sports Partnership. Ideas for differentiating further to help the struggling children will be given.

**Observations**

PE observations will be completed by the PE subject leader to ensure that PE standards are being met and to gauge what work needs to be done in the future. The observations will only be brief. Class teachers will be given support through team teaching where timetabling allows. Verbal support and quick lesson drop-ins can also be used to help class teachers with their delivery of PE.

**Out of school hours activities**

Time given up by teachers to take sport clubs is greatly appreciated. When matches or tournaments take place, the appropriate risk assessment must be completed. The PE coach and PE lead will run the majority of clubs. Before school and lunchtime clubs have been introduced by the PE subject leader to help extend the number of clubs available.

**Parental involvement:**

A note on the school newsletter will be sent out at the beginning of each new term reminding parents of the PE kit that their children should be wearing.

Parents can accompany children to tournaments and can observe clubs as long as this is accounted for in the risk assessment.

Parents can run sports clubs as long as they have a suitable coaching qualification and are DBS checked.

**Emergency procedures:**

***Fire***

Follow school rules. Do not stop to collect anything. In the case of gymnastics, where children have bare feet, shoes need to be quickly put on.

**Accidents**

Send the child to first aid, or if more serious, send for a first aider.

**Health and safety & Risk Assessments**

It is the responsibility of the teacher to ensure that the environment that PE is being taught in is as safe as possible.

Teachers must ensure that:

- Jewellery is removed and hair is tied back.
- Correct footwear is being used and laces are tied up.
- Suitable clothing (PE Kit) is being worn.
- First Aid bags and medication is taken to PE lessons.
- The area being used is suitable for the activity being taught.
- That all equipment is looked after properly and PE lead notified of any broken equipment.
- All school gates are locked when teaching in the park so members of the public cannot get into school grounds.
- A class risk assessment for PE should be written by the class teacher, updated when necessary and kept on record. It must have the information of pupils who are at risk (asthma pumps etc.). It must also have the risks associated with teaching in Brampton Park. If this is on file, a new risk assessment is not necessary on every park visit.
- All sporting competitions outside of school grounds will also have the appropriate risk assessment.

Gym equipment is assessed by an outside agency every July.

The BAALPE book should be referred to if there are any other issues regarding safety.

**Important contacts:**

Brampton Primary School: Paul Gillingham, PE subject leader

Langdon School: Patrick Hector, School Sports Subject leader Manager

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0208 471 2411

Fax: 0208 470 7436

**Who to contact about the policy and procedures:**

See the Head Teacher, curriculum leader or PE Subject Leader if there are any problems or concerns with any part of this policy.