



Brampton Primary School

Building Personal Success



Date: 30/11/2023

Issue: 3

<http://brampton.newham.sch.uk>

Tel: 020 8472 0830

Dates for your diary 2023

Friday 1st December

- Science museum Trip
Year 2 Belgium & Spain

Wednesday 6th December

- Transport trip -Year 1
Northern Ireland & Scotland

Thursday 7th December 2023

- British museum visit —
Year 4 Tibet class

Friday 8th December

- Christmas Dinner and
Festive Jumper day
- Science museum Trip
Year 2 Poland & Italy

Monday 11th December

- British museum visit —
Year 4 Bangladesh class

Tuesday 12th December

- Science museum trip
Year 2 Italy & Poland
- British museum visit —
Year 4 India class

Thursday 14th December

Nativity Assemblies

- AM Egypt & Wales
- PM Tanzania & Scotland

Friday 15th December

Nativity Assemblies

- Morocco & Egypt
- Cameroon &
Northern Ireland
- British museum visit —
Year 4 China class

Monday 18th December

- Nursery performances

Wednesday 20th December

- Last day of the term

School closes at 2pm



Dear Brampton family,

We have reached the end of another exciting and busy month.

I would like to thank all the parents and carers who attended the curriculum meetings. They were organised and delivered by class teachers and well received by the parents and carers. The presentations are on our school website for you to look at if you were unable to attend.

The black history exhibition was amazing. The work that was exhibited was of a high quality right across the school. Learning about black history is something that we as a school value and understand its absolute importance. A sample of the work produced will be displayed in our main hall.

We had a well-attended parent forum on the 15th November where we received invaluable feedback and suggestions on how we can be even better. The notes of the meeting have been uploaded onto the website. Thank you to all the parents and carers that attended the forums.

<https://brampton.newham.sch.uk/information-for-parents/meetings-forums/>

We are a highly reflective leadership and staff team; your feedback is always valued. Please remember if you have any feedback for the senior leadership team, you can approach us at the gates, ask for an appointment, email or call in. A member of the senior leadership team will always get back to you. We have our suggestion box in the reception area too. In partnership, we will reach and exceed our children's true potential: Building Personal Success.

Have a lovely weekend.

Mrs Paven Kettory
Headteacher

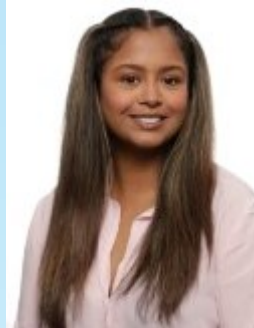
Winter Break



21st December 2023 — 3rd January 2024



All About Me



My name is Shamima Begum and this is my first year at Brampton Primary School. I was born and brought up in Newham, East London. My parents who moved to England for a better life, were originally from a city called Sylhet in Bangladesh. I have four siblings, and I am the second youngest in my family.

During primary, I struggled with learning compared to other children. I knew this was because I missed a lot of school which was out of my control unfortunately. I soon came to realise how important it was to be present in school and the impact this would have on my future academic education. The more I attended school, the more confident and able I became in my learning but also in my personality. I was very enthusiastic about sports but I was always quite shy and felt intimidated by sport. Soon after I decided to join the football, cricket and netball club! When I moved on to secondary school, I was part of the girl's netball team and my greatest achievement from this was winning the championship out of the entire borough of Newham!

I was inspired by my English and History teacher in secondary school. They were passionate about their subjects and made me fall in love too. I knew from there on, I wanted to be a teacher. My parents also had a strong desire for all their children to go university and achieve the best we can in our education, so I decided to go university where I first studied History and then Education Studies.

Once I graduated from university, I knew my passion always lied with teaching children. I felt happy and fulfilled when I knew I could help a child achieve their goal, as little as it may be. I knew this was the career for me when I was part of an amazing specialist school and realised this was my calling for teaching.

My hobbies include travelling, trying different food cuisine and spending time with my friends and family. I also enjoy playing sports, and taking part in dance classes too. I love being creative and have a passion for beauty.



Rights Respecting Schools Big Talk Home Learning

If children can't say it then children can't write it.

**Dear All,
December's BTHL**

Article 24 – Every child has the right to good food, clean water and good health care.

**The United Nations' Universal Declaration of Human Rights will be honoured on Sunday
10th December – known as Human Rights Day.**

What can we do to ensure that every child at Brampton is having their rights respected?

Rights Respecting Schools & Specialist Subject Updates



Rights Respecting Schools



**As a Rights Respecting School,
children's rights are at the forefront of our minds
in every decision we make.**



Children's Rights - Article 24

Every child has the right to good health, including health care, clean drinking water and nutritious food.

Specialist Subject Update

Spanish

¡Hola a todos!

This month, children in Years 3, 4,5 and 6 have been very busy working on different international projects. Year 5 children have started working with their partners in the Wisdom School in Madrid. They have been describing their cities, London and Madrid in a collaborative padlet wall. Children in Year 3 Ghana class have been watching and recording the weather during the week of the 13th -18th of November at 12 o'clock as part of the Global School Alliance



World Weather Watchers' Project. Schools from across the world take part in this project every November to record the weather and to see the impact of climate change through the years. Children in Years 4, 5 and 6 have used this opportunity to learn how to say the weather in Spanish. They drew the weather through their class window and labelled it in Spanish and they also made weather wheels and chatterboxes to learn and consolidate the new vocabulary. All the work produced by all the schools will be collected and displayed in an e-book.

Athlete Spotlight

PE

A massive congratulations to Aadam Uddin in Year 3 for becoming the British ISKA Champion in the under 8s -23kg category! Aadam won the championship with a second round knockout. We are very proud of his achievement and it shows how much can be accomplished with hard work and determination.

Well done Aadam!!





Inclusion



Send Surgery

We are excited to be trying a different venue until December. We have moved our venue to be able to reach more parents and carers who want to access this service.

**St Marks Community Centre, 218
Tollgate Road, Beckton, E6 5YA**

Appointments are available for our
October Surgery [here!](#)



Surgery dates for the
rest of the year:

- 18th October
- 15th November
- 13th December

If you have previously
attended Send Surgery and
have 2 minutes to spare, we
would value your feedback to
help us improve the
service. All comments are
anonymous - please
complete our survey [here](#)

WE ARE NEWHAM.



Newham London

Active Newham Swimming



PoolPods

PoolPods offer a variety
of benefits, ensuring
independent and dignified
access for activeNewham
customers with pool-side
struggles or disability
restrictions when
entering and exiting the
pool by the traditional
method.

active
newham

DISABILITY SWIMMING

Newham Leisure Centre
Saturdays: 5pm - 6pm

Contact Us
0300 124 0123

www.activeNewham.org.uk

Free SEND Meet & Greet

A session for children (0-16yrs) with special educational
needs and disabilities with their parents/carers. Siblings
also welcome.

2-4pm

Saturday 28 October 2023
Saturday 25 November 2023
Saturday 9 December 2023

Lighthouse Christian Ministries, 249
High St, Stratford, London E15 2LS

Book your space or find out more information
nursevmorris@yahoo.com 07809 642 105

Arts & Crafts
Sensory play
Stories

Sing & Sign
Free refreshments
Meet other SEND families



Online safety



Internet Safety and the use of Social Media

Brampton Primary School is committed to promoting the safe and responsible use of the Internet. We therefore feel it is our responsibility to raise particular issues and provide assistance to parents and carers. Many online applications used by children provide great opportunities to communicate and socialise with friends and family. Social media platforms can, however, present specific dangers to children. Parents, carers and schools have a responsibility to ensure children are kept safe online and must be aware of the potential risk certain applications pose.

Here are a few tips to help you monitor your child's Internet habits:

- It is advisable to show an interest in what your child is accessing via the Internet and to pay close attention to their behaviour while they are online. Try to get your child into the routine of allowing you to check the devices they are using for inappropriate content or potential cases of online bullying.
- Try to insist children, particularly those under 10, access devices and social media in a public room, such as the living room or kitchen. This will give you the opportunity to glance over every so often and step in and advise them if needed. We also strongly recommend a device free period before bedtime to allow for uninterrupted sleep and rest.
- Ensure you keep abreast of current trends by asking your child what applications they are using on and asking to see how these work. A quick *Google* search for 'popular apps used by kids' can be a great help, as well as reading the advice and guidance on websites like the NSPCC: [Keeping children safe online | NSPCC](#). You can even set up your own account to experience how certain applications work.
- Many applications have a group chat facility. This means that all information is shared with anyone who is in the group. In these situation, privacy can be lost and in some cases strangers can be added to groups mistakenly.



What We Teach Children in School

During our online safety lessons and presentations, children are taught a range of strategies to keep themselves safe online. It is vital that parents, carers and the school are giving children the same messages, so we have listed some of the key points below:

- Avoid posting any personal information online
- Think carefully before posting pictures or videos of yourself. Once you have put a picture of yourself online, people can see it and may be able to download it: you do not control it anymore.
 - Keep your privacy settings as high as possible.
 - Never give out your passwords.
 - Do not add or accept friend requests from people you do not know.
 - Do not meet up with people you have only met online.
 - Remember that not everyone online is who they say they are.
 - Think carefully about what you say before you post something online.
 - Respect other people's views. Even if you do not agree with someone else's perspective, it does not give you licence to be rude or disrespectful.
 - If you see something online that makes you feel uncomfortable, unsafe or worried, leave the website and tell a trusted adult immediately.



We understand that it is increasingly difficult to keep up with the new and ever changing technologies. Our children are immersed in a society that is dependent on powerful computers, including smart phones, tablets, interactive online games and virtual communities. It is our responsibility, however challenging it may be, to guide our children to use these

devices correctly and responsibly.

If you would like any further information please do not hesitate to contact your child's class teacher or phase leader. You can also visit any of these websites:

[Keeping children safe online - Parent's questions answered | Barnardo's \(barnardos.org.uk\)](#)

[Child Safety Online: A practical guide for parents and carers whose children are using social media - GOV.UK \(www.gov.uk\)](#)

[Staying safe online | Childline](#)

United Nations Convention on the Rights of the Child













Article 5 (parental guidance and a child's evolving capacities)

Article 16 (right to privacy)



Menu

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Sweet Chilli Chicken Meatballs with Pasta	Lamb & Lentil Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Fish Curry with Rice	Fish Fingers with Chips
Second Choice	Vegetarian Pasta & Mixed Bean Bake PB	Quorn Frankfurter Hot Dog with Jacket Wedges V	Spicy Chicken in a Tortilla Wrap served with Coleslaw	Cheese & Tomato Pizza V	Veggie Dippers with Chips PB
Jacket Potato Choice	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yogurt with Fruit	ND Banana Slice (egg free) SS	Cinnamon Rice Pudding SS	Apple Crumble with Custard SS	Fruit & Jelly with Ice Cream
Daily Options	Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt				
WEEK 1					
30 OCT, 20 NOV, 11 DEC, 1 JAN, 22 JAN, 19 FEB, 11 MAR					

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Chicken Sausages With Mashed Potatoes	Lamb & Vegetable Jollof Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Jacket Wedges
Second Choice	BBQ Chicken with Rice	Sweet Potato Macaroni Cheese 	Southern Style Quorn Burger in a Bun with Salad 	Stir Fry with Noodles 	Tandoori Chicken in Naan with Salad
Jacket Potato Choice	Jacket Potato with Cheese & Beans 	Jacket Potato with Cheese & Beans 	Jacket Potato with Cheese & Beans 	Jacket Potato with Cheese & Beans 	Jacket Potato with Cheese & Beans 
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ice Cream Sponge Roll	Black Forest Slice 	 Fruit Pudding & Custard (egg free) 	Lemon & Courgette Cake with Custard 	Waffles with Fruit & Ice Cream
Daily Options	Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt				
WEEK 2		6 NOV, 27 NOV, 18 DEC, 8 JAN, 29 JAN, 26 FEB, 18 MAR			

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Lamb Burger in a Bun with Salad & Jacket Wedges	Spaghetti Bolognese with Garlic Bread	Roast Chicken served with Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Fish Fingers served with Baked Jacket Wedges
Second Choice	Veggie Keema served with Raita & Naan Bread V	Vegetable Samosa served with Rice & Dhal PB	Vegetable 'Toad in the Hole' served with Roast Potatoes V	Chicken Tikka Masala served with Rice	Quorn Pattie Muffin & Baked Jacket Wedges V
Jacket Potato Choice	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V	Jacket Potato with Cheese & Beans V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit	ND Carrot Cake & Custard (egg free) SS	Fruit Smoothie	Chocolate Sponge & Chocolate Custard (egg free) SS	Strawberry Mousse with Fresh Fruit SS
Daily Options	Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt				
WEEK 3					
13 NOV 4 DEC 15 JAN 5 FEB 4 MAR 25 MAR					

Join in the **festive fun**

on **Friday 8th December 2023**

at our **delicious**

Christmas DINNER with all the TRIMMINGS



**Your
menu**

Roast Turkey served with Chipolata, Sage & Onion Stuffing, Carrots, Peas & Roast Potatoes

Vegetarian Choice - School to suggest option
served with Sage & Onion Stuffing, Carrots, Peas
and Roast Potatoes

Dessert
Home Made Christmas Pudding with Custard **or**
Spiced Apple Festive Slice & Custard **or**
Christmas Ice Cream Tub **or**
Satsuma

DINEin
AND DISCOVER

JUNIPER