



Building Personal Success



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Wednesday 1st November 2023

Dear Parents and Carers,


Each week, each class in Reception take part in Personal, Social and Emotional Development (PSED) activities. At Brampton, we base our PSED activities on the Jigsaw scheme of work and adapt them for the children here at Brampton. There is a different topic each half term. This half term, all of the classes from Reception to Year 6 will be looking at the topic: **Celebrating Difference**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in PSED in Reception this half term; children should:

- ~ see themselves as a valuable individual;
- ~ build constructive and respectful relationships;
- ~ express their feelings and consider the feelings of others;
- ~ show resilience and perseverance in the face of challenge;
- ~ identify and moderate their own feelings socially and emotionally and
- ~ think about the perspectives of others.

Autumn 2 Week	Personal, Social and Emotional Development Activities	Friday Achievement Assembly Certificates
1 What am I good at?	<p>Learning Intention</p> <ul style="list-style-type: none"> ~ I can identify something I am good at and understand that everyone is good at different things. <p>PSED Activities</p> <ul style="list-style-type: none"> ~ Sing the Jigsaw Song: 'There's a Place'. ~ Share a selection of things that are special to you (e.g. a favourite book) and explain why they are special to you. ~ Ask the children to share what they are good at in school and how they know. Choose an object to match their ideas and place these in the middle of the circle (e.g. "I am good at making shapes with Playdoh," – place Playdoh in the middle of the circle). ~ Look at the objects on display – are they all the same? Do we all like the same thing? Are we all good at the same things? 	 <p>This week we are celebrating people who accept that everyone is different.</p>



**WE HAVE
ACHIEVED**



Quality Mark
EARLY YEARS
AWARD

	<p>~ Explain that we are all good at something and we should be proud of our achievements. We can be proud of each other and help each other to learn.</p>	
<p>2 I'm special. I'm me!</p>	<p>Learning Intention</p> <p>~ I understand that being different makes us all special.</p> <p>PSED Activities</p> <p>~ Read a story to show that it is okay to be different (e.g. <i>Barry the Fish with Fingers</i> by Sue Henra). Explain that it is important that we are comfortable with who we are.</p> <p>~ In partners, talk about something that is similar and something that is different between you. Share ideas as a class and discuss how we can still be friends with people who are different from us – this might be with what we like, or how we look, or who is in our family. We are all unique!</p> <p>~ Create a link for a chain – stick a picture of yourself in the middle and around the picture, draw/stick all the things you like and are good at. You could use pictures from a magazine. Create a class paper chain for 'Celebrating Difference'.</p>	<p>This week we are celebrating people who include others when working and playing.</p>
<p>3 Families</p>	<p>Learning Intention</p> <p>~ I know we are all different but the same in some ways.</p> <p>PSED Activities</p> <p>~ Sing the Jigsaw Song: 'There's a Place'.</p> <p>~ Look at photos/pictures of a range of people. Discuss whether there is a way we can group them? E.g. old and young, male and female etc. Discover that we cannot put people into groups as (even though there are things that are similar) there is always something that makes someone special and unique compared to everyone else.</p> <p>~ One of the things that are special and unique about us is our family. Talk about who is in our family – what is similar and what is different to our friends' families? Explain that there are different types of family but they all have love in common. Read a book about families, e.g. <i>The Family Book</i> by Todd Parr.</p>	<p>This week we are celebrating people who know how to help if someone is being bullied.</p>
<p>4 Houses and homes</p>	<p>Learning Intention</p> <p>~ I can tell you why I think my home is special to me.</p> <p>PSED Activities</p> <p>~ Select two teddies and explain that we need to build them a home to live in. In groups, create, or draw, a house for the teddies.</p> <p>~ Compare the homes created, what was similar and what was different about our ideas?</p> <p>~ Look at pictures of a range of homes from around the world. Do all homes need to look the same? Explain that the most important thing is that a home is where we are loved and cared for.</p>	<p>This week we are celebrating people who try to solve problems.</p>

	<p>~ Ask – what is your favourite room in your house and why is it your favourite? Talk about how our homes are a reflection of our uniqueness – we decorate them in different ways – and that is okay!</p>	
<p>5 Making friends</p>	<p>Learning Intention</p> <p>~ I can tell you how to be a kind friend.</p> <p>PSED Activities</p> <p>~ Sing the Jigsaw Song: 'There's a Place'.</p> <p>~ Ask the children to talk to each other about how we make friends.</p> <p>~ Read a story about friendship, e.g. <i>The Dog and the Dolphin</i> by James Dworkin.</p> <p>~ Discuss what new ways to make friends we have learnt about today.</p> <p>~ Talk about what we should do if we see someone without a friend and how we can show kindness towards one another. What should we do if someone is feeling lonely?</p>	<p>This week we are celebrating people who try to use kind words.</p>
<p>6 Standing up for yourself</p>	<p>Learning Intention</p> <p>~ I know which words to use to stand up for myself when someone says or does something unkind.</p> <p>PSED Activities</p> <p>~ Talk to the children about times in class, and in the playground, when there has been an example of someone being unkind and how it made everyone feel. Ask what should have happened in this situation instead?</p> <p>~ Practise saying phrases such as, 'Please do not do that, I do not like it,' and explain that it is okay to be assertive and say what when we are not feeling comfortable. Explain to the children that if they hear these words, they must stop straight away. Explain that these words can be said to other children and to adults.</p> <p>~ End by finding kind things to say about each other.</p>	<p>This week we are celebrating people who know how to give and receive compliments.</p>

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, to the PSHE subject leader – Ms Akram (Y6 Chile class) or to me.

Yours faithfully,

Mrs Marie Hardie
Deputy Headteacher