



Building Personal Success



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Mrs P Kettory
Headteacher

Wednesday 1st November 2023

Dear Parents and Carers,

At Brampton Primary, every week, each class is taught a PSHE (Personal, Social and Health Education) lesson. The PSHE lessons are based on the Jigsaw scheme of work and adapted for the children here at Brampton. There is a different topic each half term. In Autumn 2, all of the classes from Reception to Year 6 will be looking at the topic: **Celebrating Difference**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in Year 3 in Autumn 2:

PSHE and Citizenship Objectives	Friday Achievement Assembly Certificates
<ul style="list-style-type: none"> • I understand that everybody’s family is different and important to them. • I understand that differences and conflicts sometimes happen among family members. • I know what it means to be a witness to bullying. • I know that witnesses can make the situation better or worse by what they do. • I recognise that some words are used in hurtful ways. • I can tell you about a time when my words affected someone’s feelings and what the consequences were. 	<p>Week 1 This week we are celebrating people who accept that everyone is different.</p> <p>Week 2 This week we are celebrating people who include others when working and playing.</p> <p>Week 3 This week we are celebrating people who know how to help if someone is being bullied.</p>
Emotional Literacy/Social Skills	
<ul style="list-style-type: none"> • I appreciate my family/the people who care for me. • I know how to calm myself down and can use the ‘Solve it together’ technique. • I know some ways of helping to make someone who is bullied feel better. • I can problem-solve a bullying situation with others. • I try hard not to use hurtful words. • I can give and receive compliments and know how this feels. 	<p>Week 4 This week we are celebrating people who try to solve problems.</p> <p>Week 5 This week we are celebrating people who try to use kind words.</p> <p>Week 6 This week we are celebrating people who know how to give and receive compliments.</p>

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to your class teacher, to the PSHE subject leader – Ms Akram (Y6 Chile class) or to me.

Yours faithfully,
Mrs Marie Hardie
Deputy Headteacher



WE HAVE ACHIEVED



Quality Mark
EARLY YEARS AWARD