Big Question: How can Mother Nature help us to stay healthy?

Year: 2 Term: Spring 2

Introduction to the topic:

During the pre-learning challenge, show the children some pictures and quotes to demonstrate the concept of 'Mother Nature'. Ask the children to talk to their learning partner about what they did the day before from the time they woke up until the time they went to bed (e.g. had a good night's sleep, ate toast and a banana for breakfast, brushed my teeth, walked to school, cut my nails etc.) and get them to highlight the things they did that would help them to be physically healthy. Ask them for examples of things that would not be healthy (e.g. missing lunch, eating a big chocolate bar on the way home from school, coming to school in the car etc.). Then ask the children to complete the prelearning challenge sheet.

3 3		
English	Maths	History/Geography
Writing own narratives that	Mastering Numbers	None this half term –
involve an adventure.	Temperature	additional lessons to be
This is child interest led and	Picture Graphs	used to ensure PSHE is
will culminate in children	Money	taught fully and for SATs
being authors of their own	_	preparation.
individual stories.	Word problems	
Art and Design	Design and Technology	PSHE and Citizenship
Kapow Scheme of Work	Kapow Scheme of Work	Jigsaw Scheme of Work
Painting and Mixed	Textiles	Healthy Me
Media: Life in Colour	Pouches	
Exploring colour mixing and	Exploring different examples	
creating a range of	of textiles and learning a	
secondary colours in paint.	simple running stitch.	
Science	RE	Computing
Animals including humans -	2022Newham Agreed	NCCE Scheme of Work
basic needs and health	Syllabus Plans	Data and Information
	What can we learn from	Pictograms
	special stories?	
	What special stories are told	
	at Easter?	
PE	Music	Spanish
Complete PE Scheme of	Peter and the Wolf by Sergei	Farm animals and the story:
Work	Prokofiev	Oso pardo, oso pardo by
Dance – Water	Learning to play the recorder	Bill Martin Jr/Eric Carle.
Gymnastics – Pathways		Children will learn the
		names of some farm
		animals. They will also describe them using colours
		and sizes.
		aria sizos.

Links to the National Curriculum (what must be covered) and assessment descriptors:

English

Pupils should be taught to:

- Contexts for writing: develop positive attitudes towards and stamina for writing by: writing narratives about personal experiences and those of others (real and fictional).
- Planning and drafting writing. Consider what they are going to write before beginning by:
 - o planning or saying out loud what they are going to write about;
 - o encapsulating what they want to say, sentence by sentence and
 - o writing down ideas and/or key words, including new vocabulary.
- Learn how to use: subordination (using when, if, that, or because) and co-ordination (using or, and, or but).

- Learn how to use: sentences with different forms: statement, question, exclamation, command.
- Learn how to use: the present and past tenses correctly and consistently including the progressive form.

Maths

Maths No Problem Chapter 7, 8, 9, 10.

- Mastering Numbers
- Draw on their knowledge of the linear number system and apply this to calculations involving 1 more and 1 less, and pairs of numbers with a difference of 1.
- Use their understanding of the composition of odd and even numbers to find doubles and near doubles.
- Apply known facts to calculations involving larger numbers, e.g. 5 + 2, 15 + 2, 25 + 2.
- Temperature
- Picture Graphs
- Money
- Word problems

Geography/History	
NΔ	

Art and Design

- Begin to develop some control when painting, applying knowledge of colour and how different media behave e.g. adding water to thin paint.
- Mix different hues of primary and secondary colours by using different amounts of each starting colour or by adding water.
- Make choices about which materials to use for collage based on colour, texture, shape and pattern.
- Experiment with overlapping and overlaying materials to create interesting effects.

Knowledge of Artists

- Talk about art they have seen using some appropriate subject vocabulary.
- Be able to make links between pieces of art.

Evaluate

- Explain their ideas and opinions about their own and other's art work, giving reasons.
- Begin to talk about how they could improve their own work.

Working towards	Expected	Greater depth
I can identify primary and secondary colours and can make predictions about what will happen when two colours mix.	I can describe the colours and textures I see and can explain my choices for which tool I have used to try and recreate different textures.	I can mix colours effectively to match a particular colour; explain my choice of material using descriptions of colour and texture and describe what I like and dislike about a piece of work.

Design and Technology Design

Designing a pouch.

Make

- Selecting and cutting fabrics for sewing.
- Decorating a pouch using fabric glue or running stitch.
- Threading a needle.
- Sewing running stitch, with evenly spaced, neat, even stitches to join fabric.
- Neatly pinning and cutting fabric using a template.

Evaluate

- Troubleshooting scenarios posed by teacher.
- Evaluating the quality of the stitching on others' work.
- Discussing as a class, the success of their stitching against the success criteria.

Identifying aspects of their peers' work that they particularly like and why.
 Working towards
 I can describe how a joining technique connects two peces of material
 Working towards
 I can describe how a joining technique connects two peces of material

together.

PSHE and Citizenship and Emotional Literacy/Social Skills

Pupils should have the opportunity to learn what constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health.

I know what I need to keep my body healthy.

together.

- I am motivated to make healthy lifestyle choices.
- I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed.
- I can tell you when a feeling is weak and when a feeling is strong.
- I understand how medicines work in my body and how important it is to use them safely.
- I feel positive about caring for my body and keeping it healthy.
- I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy.
- I have a healthy relationship with food and know which foods I enjoy the most.
- I can decide which foods to eat to give my body energy.
- I know which foods are most nutritious for my body.
- I can make some healthy snacks and explain why they are good for my body.
- I can express how it feels to share healthy food with my friends.

ſ	Working towards	Expected	Greater depth
	I can describe how to keep fit and	I can explain why it is important to	I can demonstrate how I have put into
	healthy (through what I eat and drink	keep fit and healthy (through what I eat	action what I have learnt and show
	and by how I exercise) and I	and drink and by how I exercise), and	how I have made a positive change to
	understand basic dental hygiene.	to keep clean, by describing the long-	be healthier.
		term consequences.	

Science

Animals including humans - basic needs and health

- I can notice that animals, including humans, have offspring which grow into adults.
- I can find out about and describe the basic needs of animals, including humans, for survival (water, food and air).
- I can describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Working towards	Expected	Greater depth
I know that exercise, eating the right	I can state the basic needs of animals,	I know what animals including humans
kinds of food, hygiene and being happy	including humans, for survival and	need to survive and can explain how
are important to be a healthy person. I	good health. I can describe a balanced	growth and health might be affected by
can give an example of an animal that	diet. I can describe how animals,	different needs being met/not met. I
has offspring which grows into an	including humans, have offspring	can describe how animals, have
adult.	which grow into adults.	offspring which grow into adults, using
		the appropriate names for the stages.

RE

Pupils should be taught about the various events leading up to Easter and what they represent to Christians (e.g. Palm Sunday, Ash Wednesday, Maundy Thursday and Good Friday).

Working towards	Expected	Greater depth
I know why Easter is important to	I can name some of the events that led	I can name and describe the events
Christians.	up to Easter and explain why they are	that led up to Easter and give reasons
	important to Christians.	to explain why the events are
	·	important to Christians. I can name
		some ways Christians remember these
		events today.

Computing

NCCE Scheme of Work

Data and Information -Pictograms

Learners will begin to understand what the term *data* means and how data can be collected in the form of a tally chart. They will learn the term 'attribute' and use this to help them organise data. They will then progress onto presenting data in the form of pictograms and finally block diagrams. Learners will use the data presented to answer questions.

Working Towards	Expected	Greater Depth
I can collect and record data in a tally chart and, with support, represent the tally count as a total and compare the totals.	As before (independently) and I can enter data onto a computer and I can use a tally chart to create a pictogram.	As before and I can use pictograms to answer simple questions about objects and draw conclusions from it.
PE		

Music

Peter and the Wolf composed by Sergei Prokofiev in 1936.

· oto: and the real composed by congent rentener in recent			
	Working towards	Expected	Greater depth
	I can identify the mood of a piece of music and sing in unison in a group. I can recall the story of <i>Peter and the Wolf</i> and I can name the composer of <i>Peter and the Wolf</i> .	As before and I can identify specific instruments and the family they come from after listening to a piece of music. I can play a range of notes on the recorder.	I can compose my own piece of music, designed to elicit a particular emotional response. I can play <i>Ode to Joy</i> on the recorder.
	I can recognise a recorder and its sound.		

Spanish

To describe an animal.

To ask and answer simple questions about farm animals.

To ask and answer simple questions about farm animals.		
Working Towards	Expected	Greater Depth
Repeats words modelled by teacher. Knows some vocabulary e.g. colours, numbers. Recognises some written words and links to meaning. Joins in with some of the actions in songs, stories and rhymes.	Listens and recognises most of the vocabulary. Reads and recognises most of the vocabulary. Joins in with the actions of songs, stories and rhymes.	Confident about producing, reading and writing all the vocabulary. Says the sounds for several letter strings. Sings songs and says rhymes from memory. Writes some words from memory with accuracy.

Educational Visits and Visitors

Visit to the local church for RE.

Sequence of Key Skills/Objectives/Context (Key Teaching Points)

- Explore what being healthy means to the children.
- Explore our responsibilities towards keeping our bodies healthy what do we eat, how often do we move and how do we keep it clean (e.g. brushing teeth)?
- Explore medicines and when they should be used emphasising that they should only be taken when a trusted adult has instructed us to (e.g. our parent or carer or a doctor).

Key Vocabulary

PSHE RE bible health Easter stress medicine Ash Wednesday lent healthy choice palm Sunday physically active crucifixion motivation holy week relax Maundy Thursday tense resurrection calm Garden of Gethsemane dangerous safe body last supper Judas self-care hot cross buns energy Pancakes fuel nutritious

Additional Information

PSHE Association

https://pshe-association.org.uk/resource/dental-health-ks1-2 (resources saved in PSHE folder on multimedia). Help pupils learn about:

- how diet and everyday actions affect dental health;
- techniques and top tips for cleaning teeth and
- common risks to dental health and strategies to manage them.

Evidence in the books and on display:

The children will have examples of work from the Jigsaw scheme of work and photographs showing the group activities and games they have taken part in during their learning. The children will have annotated the photos to describe what they were doing when the photographs were taken.

Outcomes:

- The children will understand the concept of Mother Nature.
- The children will be able to articulate what contributes to physical health.
- The children will recognise their responsibility in making good choices for their physical health.

Helpful Websites

BBC Teach - PSHE https://www.bbc.co.uk/teach/topics/cgvpny0867zt

BBC Teach - The Christian Story of Easter https://www.bbc.co.uk/teach/class-clips-

video/religious-studies-ks1-the-christian-story-of-easter/zhgv47h

BBC Bitesize – Animals including Humans Videos

https://www.bbc.co.uk/bitesize/subjects/z6svr82

SMSC				
Spiritual	Moral	Social	Cultural	
-When can eating be a spiritual experience? -How does nature help us to be healthy?	-What responsibility do we have to look after our bodies so that we stay fit and well?	-Why is eating together an important cultural thing to do?	-What food has cultural ties?	
	FUNDAMENTAL	BRITISH VALUES		
Democracy	Individual Liberty	Tolerance and	Rule of Law	
-How can we decide on our class favourite dish?	-Explore the idea of making the right choices – how can you develop the knowledge and the motivation to make good choices?	-How can we respectfully show people how to be healthy without causing offence?	-Why are there laws stopping young people from buying certain items?	
Links to Rights Respecting Schools				

- Article 12 The right to give your opinion and for adults to listen and take it seriously.
- Article 24 Clean environment and water.
- Article 28 The right to a good quality education.
- Article 29 Goals of Education education must develop every child's talents, abilities and personality.

Links to Safeguarding

- Teacher to go through health and safety rules before the beginning of D&T lessons.
- Opportunities for children to speak out if they are not in a situation where they can be healthy or make healthy choices.

Celebrating Heritage

- Children celebrating differences and similarities.
- Making links to their real-life experiences, culture and religion.
- Children to be exposed to a wide range of cultural texts and experiences.