Big Question: Where in the world does our food come from?

Year: 3 Term: Spring 2

Introduction to the topic:

During the pre-learning challenge, introduce the children to the big question for this half term: 'Where in the world does our food come from?' and explain how it fits in with the whole school topic of 'Mother Nature'.

Show the children some pictures and quotes to demonstrate the concept of 'Mother Nature'. Then look at an example of a typical meal and then talk about when the ingredients for that meal would have come from (looking at a map and a globe). Discuss some of the issues and problems that come from the distribution of food around the world (e.g. famine, Fairtrade, air miles etc.).

Ask the question: What food do you eat, who makes/grows it, where does it come from and how does it get here? Model an idea on the board before the children complete their pre-learning challenge.

1 3 3 -				
English	Maths	History/Geography		
Writing own narratives that	Maths No Problem –	Where food comes from:		
involve an adventure.	Length, Mass and Volume	the distribution of natural		
This is child interest led and will culminate in children	Pupils will explore measurements including	resources. Famine		
being authors of their own	learning about the units of	Fairtrade		
individual stories.	km, m, cm, kg, g, ml and l.	Air miles/sustainability		
Art and Design	Design and Technology	PSHE and Citizenship		
Painting and Mixed Media	Nutrition	Jigsaw Scheme of Work		
Prehistoric Painting	Eating seasonally	Healthy Me		
Reflecting on the purpose of	Learning about seasonal			
cave art paintings and	foods and using their			
introducing a sense of	understanding to create a			
proportion when drawing an animal.	seasonal food tart.			
	DE	Company dia a		
Science	RE	Computing		
Animals including humans – nutrition	2022 Newham Agreed	NCCE Scheme of Work		
	Syllabus	Data and Information		
I can identify that animals, including humans, cannot	How are symbols and	Branching databases		
make their own food; they	sayings important in			
get nutrition from what they	religion?			
eat.	How and why do Hindus			
I can identify that animals,	celebrate Holi?			
including humans, need the				
right types and amount of				
nutrition.				
PE	Music	Spanish		
Handball	Project Earth Rock	Wild animals and story:¿A		
Basketball	Low carbon diets and active	qué sabe la luna? by		
	and healthy travel	Michael Grejniec		
	Learning to play the ukulele			
Links to the National Curriculum (what must be covered) and assessment				

Links to the National Curriculum (what must be covered) and assessment descriptors:

English

Pupils should be taught to:

- Draft and write by:
 - composing and rehearsing sentences orally (including dialogue), progressively building a varied and rich vocabulary and an increasing range of sentence structures and
 - o in narratives, creating settings, characters and plot.

- Evaluate and edit by assessing the effectiveness of their own and others' writing and suggesting improvements.
- Plan their writing by:
 - discussing writing similar to that which they are planning to write in order to understand and learn from its structure, vocabulary and grammar and
 - discussing and recording ideas.
- Draft and write by composing and rehearsing sentences orally (including dialogue), progressively building a varied and rich vocabulary and an increasing range of sentence structures

Maths Pupils will be taught to : measure, compare, add and subtract lengths, mass, volume/capacity

Geography

Pupils should be taught to describe and understand key aspects of: human geography, including: types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water

Working towards: I can **locate** the continents and countries of the world on a map and **identify** some patterns in food distribution and trade.

Expected: I can label continents and countries of the world on a map and describe some key features of land use, such as farming, as well as global food distribution and trade.

Greater depth: I can **explain** human and physical features of land use, such as farming, and **evaluate** key advantages and disadvantages of the global food distribution and trade.

Art and Design Make

- Select and use a variety of painting techniques, including applying their drawing skills, using their knowledge of colour mixing and making choices about suitable tools for a task e.g. choosing a fine paintbrush for making detailed marks.
- Mix colours with greater accuracy and begin to consider how colours can be used expressively.
- Explore contrasting and complimentary colours.
- Modify chosen collage materials in a range of ways e.g. by cutting, tearing, re-sizing or overlapping.
- In sketchbooks, use collage as a means of collecting ideas.

Knowledge of artists

- Use subject vocabulary to describe and compare creative works.
- Use their own experiences to explain how art works may have been made.

Evaluate

- Confidently explain their ideas and opinions about their own and other's art work, giving reasons.
- Use sketchbooks as part of the problem-solving process and make changes to improve their work.

Working Towards	Expected	Greater Depth
I can describe what happens to a paint	I can explain what pigment is and how	I can explain what it means to scale up
colour when water is added.	it has been used by artists.	a drawing and what a negative image
		is.

Design and Technology Design

 Creating a healthy and nutritious recipe for a savoury tart using seasonal ingredients, considering the taste, texture, smell and appearance of the dish.

Make

- Knowing how to prepare themselves and a work space to cook safely in, learning the basic rules to avoid food contamination.
- Following the instructions within a recipe.

Evaluate

Establishing and using design criteria to help test and review dishes.

- Describing the benefits of seasonal fruits and vegetables and the impact on the environment.
- Suggesting points for improvement when making a seasonal tart.

Working Towards	Expected	Greater Depth
I can describe the appearance of a	I can select and use appropriate tools	I can explain why different ingredients
dish using key words.	for cutting and peeling different foods.	should be used in my recipe.

PSHE and Citizenship and Emotional Literacy/Social Skills

- I understand how exercise affects my body and know why my heart and lungs are such important organs.
- I can set myself a fitness challenge.
- I can tell you my knowledge and attitude towards drugs.
- I can identify how I feel towards drugs.
- I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help.
- I can express how being anxious or scared feels.
- I understand that, like medicines, some household substances can be harmful if not used correctly.
- I can take responsibility for keeping myself and others safe at home.
- I understand how complex my body is and how important it is to take care of it.
- I respect my body and appreciate what it does for me.

Working Towards	Expected Greater Depth		
I can name some things I need to keep	I can identify things, people and places	I can judge the levels of risk involved in	
myself safe from and I can tell you who	that I need to keep safe from, and can	different situations and I can select and	
I can go to for help if I feel unsafe.	tell you some strategies for keeping	describe suitable strategies for keeping	
I know how to tell someone if I feel	myself safe including who to go to for	myself safe, including knowing how to	
scared.	help.	seek help and from whom.	
	I can express how being anxious or	I can express and respond	
	scared feels.	appropriately to feelings of anxiety or	
		fear.	

Science

Pupils should be taught to:

- identify that animals, including humans, cannot make their own food; they get nutrition from what they eat and
- o identify that animals including humans need the right types and amount of nutrition

	o identity that animals, including humans, need the right types and amount of humans.			
Working towards		Expected Greater depth		
	I can identify different food groups and how they make up a balanced diet and can compare the diets of different animals.	I can identify different food groups and how they make up a balanced diet and explain why some foods are important for giving us healthy bodies.	I can explain why some foods are important for giving us healthy bodies and why vitamins and minerals are important for healthy diets.	

RE

Pupils should be taught to investigate the stories surrounding the Hindu festival of Holi, how it represents a battle between good and evil and what we can learn from it today.

Working towards	Expected	Greater depth
I can recall the main parts of the story	I can retell the story of Holi, naming	I can write down the story of Holi,
of Holi, name the good and evil	and describing the good and evil	naming and describing the good and
characters and describe the main	characters and explaining the main	evil characters and their motivations. I
message/moral of the story.	message/moral of the story and what it	can explain the main message/moral
	means to me.	of the story and describe what I have
		learnt from it and what Hindus learn
		from it.

Computing

Branching Databases

Learners will develop their understanding of what a branching database is and how to create one. They will use yes/no questions to gain an understanding of what attributes are and how to use them to sort groups of objects. Learners will create physical and onscreen branching databases. To conclude the unit, they will create an identification tool using a branching database, which they will test by using it. They will also consider real-world applications for branching databases.

Working Towards	Expected	Greater Depth
	I can recognise which	
	attributes can be selected in	

questions for a branching database. I can design my own branching database.	mistakes in a branching database.
	database. I can design my

Music

Project Earth Rock: Low carbon diets and active and healthy travel.

Learning to play the ukulele.

Working Towards Expected		Greater Depth
I can recognise a ukulele	I can play identifiable chords	I can play a tune on the
and hold it correctly.	on the ukulele.	ukulele.

Spanish

To broaden their vocabulary and develop their ability to understand new words that are introduced into familiar written material.

Educational Visits and Visitors

- Visit a local Hindu temple and/or invite a visitor in to talk about how they celebrate Holi.
- Visit a local supermarket to investigate how far the food has travelled to get there (could be set as home learning).
- Visit a farm to explore where fruit, vegetables, meat and dairy come from.

Sequence of Key skills/objectives/context (Key teaching points)

- Knowledge and understanding of the purpose of each food group.
- Understand how exercise affects my body.
- Know the role of important organs such as heart and lungs.
- Knowledge, understanding and attitude towards drugs.
- Identify things, people and places that they need to keep safe from.
- Know some strategies for keeping themselves safe including basic first aid and who to go to for help and how to call 999.
- Understand medicines and some household substances can be harmful if not used correctly.

Key Vocabulary Geography **PSHE** RE Famine Healthy Me symbols Fairtrade represent Distribution Carbohydrates, protein, connotation Natural resources dairy, fats and sugars, fibre, Hindus Air miles/sustainability fruit & veg Brahman Harvest calories celebrate Crops Holi Mother nature

Additional Information

RE Online – information about Holi https://www.reonline.org.uk/festival_event/holi/ and https://www.reonline.org.uk/knowledge/hindu-worldview-traditions/festivals-utsavas/

Evidence in the books and on display:

- Display a map of the world with examples of food around it and arrows showing where the food comes from (e.g. tea, coffee, bananas, cocoa etc.
- In their books, the children will have written about where different types of food come from (e.g. milk comes from cows).
- Maps in books of where their food has come from with factfiles about the countries involved.
- The children will have written an argument for using Fairtrade products.
- The children will have written about their response to the 'Chaga and the Chocolate Factory' story and will have written about countries where the majority of people living there are living in poverty (e.g. due to famine).

Outcomes:

- The children will understand the concept of Mother Nature.
- The children will understand that the food they eat has come from all around the world.
- The children will be able to talk about how their food was produced.
- The children will be able to find the countries they are discussing on a map.
- The children will be able to explain what famine, Fairtrade and sustainability mean.
- The children will be inspired to make good choices when they are choosing which products to buy.
- The children will be able to articulate what makes a healthy choice and will encourage each other to make healthy choices.

Helpful Websites

BBC Teach – Where Does My Food Come From? https://www.youtube.com/watch?v=9Opt06QF9WY

SMSC			
Spiritual	Moral	Social	Cultural
-Awe and wonder at the variety of food the world grows.	-Fairtrade food v non-Fairtrade	-Explore how sharing food is a social experience.	-Explore how food and how it is cooked differs in different cultures.
BRITISH VALUES			
Democracy -Look into what the government has said and done for food produce-ensuring that the welfare of animals is a priority; Fairtrade and buying British (thinking about air miles).	Individual Liberty -Explain that people have the right to buy any food from anywhere they want to as long as they are not breaking any laws.	Tolerance and Mutual Respect -Discuss how some people make the choice to be vegetarians or vegans.	Rule of Law -Look at the rules and laws around food.

Links to Rights Respecting Schools

- Article 24 (Clean environment and water)
- Article 27- (Food, shelter and clothing)

Links to Safeguarding

 Opportunities for children to speak out about any concerns they have around unhealthy choices.

Celebrating Heritage

• Exploring the foods we like to eat and the culture they are related to.