

# **Brampton Primary School**

**Building Personal Success** 

Date: 29/02/2024

#### Issue: 5 http://brampton.newham.sch.uk

Tel: 020 8472 0830

Dates for your diary 2024 Friday 1st March Year 4 Science Museum Visit -Bangladesh & Tibet Monday 4th March Year 1 Mosque Visit - England & Wales Tuesday 5th March

Year 1 Mosque Visit - Scotland & Northern Ireland

Wednesday 6th March Year 3 Mudchute farm Visit - Namibia & South Africa Thursday 7th March World Book Day - Dress as a book character

# WORLD BOOK DAY

#### Monday 11th - Friday 15th March 2024

AM Nursery Science Workshop 11th - 15th March @8.45-9.45am PM Nursery Science Workshop 11th, 13th, 14th & 15th March @12.30-1.30pm <u>Wednesday 20th March</u> Reception East Ham Fire Station visit - Egypt & Tanzania <u>Thursday 21st March</u>

Reception East Ham Fire Station visit - Cameroon & Morocco Wednesday 27th March Ark education Mobile farm Internal Workshop - Nursery, Reception, ASD & PMLD

Thursday 28th March Last Day of School - School Closing Early At 2pm NO ASC

Tuesday 5th march Parent forum - CA Hall 9am & 5pm

Every Thursday in March Parent Coffee Morning @9am Parents room



Every Friday in March Parent/Carer and Child Books for Breakfast sessions Nursery AM (in class 8.45am– 9:00am) Nursery PM and 30 hour (in class 12.30-12.45 midday)

Spring Break Last Day of Term Thursday 28th March @ 2pm Friday 29th March - Friday 12th April School Closed Back to School Monday 15th April



Dear Brampton Family,

Welcome back following the half-term break. We trust you had a delightful holiday. The children have returned with renewed energy and enthusiasm for their learning this month.

The parent and carer curriculum meetings were well-received. These sessions offer an excellent opportunity for parents and carers to pose questions and gain a deeper understanding of their children's curriculum for the upcoming half-term. The presentations, curriculum overviews, and English overviews will be uploaded to the website. This

information will assist you in preparing children for upcoming topics and planning visits to museums, trips, libraries, etc., for additional learning.

A fortunate group of 8 children from the Rights Respecting School Council, accompanied by myself and Mrs. Hardie, visited Star Primary School to meet their School Council, with Godwin School also participating. This collaboration is part of the Newham Learning Partnership, fostering peer support among schools to share best practices and learn from one another. We brought back valuable ideas to implement in our school, with upcoming visits to Godwin and with us hosting and sharing in Summer 1. Maintaining an outward-looking approach remains crucial.

At Brampton Primary School, we highly value reading. Your support in encouraging children to read for pleasure is essential. Choose books from the local library, purchase from the book fair, and share any beloved childhood books, even if not in English. The emphasis is on nurturing a love for books.

Feedback from parents and carers is greatly valued at BPS. The leadership and staff teams consistently reflect on received comments and suggestions. If you have feedback for the senior leadership team, feel free to approach us at the gates, request an appointment, or communicate via email or phone. Regardless of the method, a member of the senior leadership team will always respond. Please note that the parent forum will be held on the 5<sup>th</sup> March; your input is highly appreciated as we work together to unlock our children's true potential: Building Personal Success.

Have a lovely week.

### Mrs Paven Kettory Headteacher

Please be reminded that all children from Nursery, Reception, Year 1 & 2 should be taken to their class and not left at the gate when dropping them to school in the morning.





### News from Year 3



This term in mathematics, the children have been learning about units of measure. The children have enjoyed measuring the length and height of objects using centimetres (cm), metres (m) and millimetres (mm). Children estimated the length of objects as they worked with a partner to decide whether objects were more or less than a (m) before using a tape measure and ruler to check the length of an object. Children then moved on to convert different units of measurement as well as comparing different lengths.





In English, the children started the half term by reading, reciting and performing poems as part of the whole school topic on poetry which has connections to the whole school spring 2 theme, *Mother Nature*. The children have been exploring the following poetic features: similes, metaphors, personification and rhyme. They focused on looking at the features of a kenning poem and ended the week with writing and performing their own kenning poem for the class to guess their riddle.

We ended the first week with our Inspiration Day, where children enjoyed recording their eating habits and creating a bar chart. Year 3 discussed what we mean by 'seasonal' food and why some foods have to be transported to Britain from other countries. They had the opportunity to discuss some of the issues and problems that come from the distribution of food around the world such as, famine, Fairtrade, air miles and pollution. For our creative activity, children enjoyed choosing their favourite fruit and create it making mod-roc. They will be painting them when the mod-roc is dry.



Finally, in our science lessons, the children have been exploring the topic **Animals including humans – nutrition**. The children understood that animals, including humans, cannot make their own food; they get nutrition from what they eat. They discussed that animals, including humans, need the right types and amount of nutrition. Children worked in groups to sort food into different food types.





### <u>Birthdays in Year 3</u>

Argelis, Abdullah Al, Aidan, Aadam Rehan, Nell, Aparna, Anita, Aydan, Pranav & Annabell





# All About Me—Mrs Kaur



My name is Navjeet Kaur. I was born in India and completed college in Italy. Although I was fortunate to have the experience of living in two very different countries, my education impacted me the most during this shift. I was a very bright student in India but when I came to Italy with my family, I couldn't speak a word in Italian. This impacted me socially and emotionally but more importantly academically. Being able to speak in English and performing exceptionally well in maths, I slowly proved to my teachers and peers that it is only the Italian language that is a barrier for me, not my abilities or capabilities. I finished college with 80% scores in the final examinations.

Later, I moved to England. I have always been inclined towards education and learning. I started to work as a locum support staff

in different schools in Newham. This helped me to understand the education system in the area and how differently schools delivered it. Each time I used to come to Brampton as a cover, I wished to become part of its team. Among so many reasons to like this school, the main reason for me was how Brampton educates and caters for the needs of children with different abilities. Moreover, the attitude of SLT members towards their staff, including those who come from outside is incredibly supportive and welcoming. I felt this then and I still feel it now when I have become an ECT at Brampton.

My story is similar to the story of many young children and their families at Brampton who have come from different parts of the world. I share mutual respect and understanding with these families and the children that I teach. This culture is cultivated in the classroom. Developing a growth mindset from a young age is central to continuous learning, which is also inculcated in the classroom.







#### Rights Respecting Schools Big Talk Home Learning If children can't say it then children can't write it. Dear All,

March's BTHL

Article 27 – Every child has the right to food, clothing and a safe place to live so they can develop in the best possible way.

This month, on the 15<sup>th</sup> March, we will be supporting Comic Relief's Red Nose Day appeal. In our assemblies, we will be learning about how we can support children, in this country and around the world, develop in the best possible way through the work of charities.

What can we do when we know children's rights are not being respected?

# Rights Respecting Schools & Attendance Update



### **Rights Respecting Schools**

As a Rights Respecting School, children's rights are at the forefront of our minds in every decision we make.

The Article of the month for March is Article 27 (Food, clothing & a safe home).

The Article of the month for March will be Article 27 (Safe home, clothing and food). At Brampton Primary School we feel it is important that children understand that this right is **UNIVERSAL**. Every child in the world should be given this right.



unicef

### Attendance Update - New Incentives!

To celebrate very good and excellent attendance, all pupils who have received 98 - 100% attendance for the half term will be presented with an attendance certificate and entered into a half termly raffle. There are four sets of raffles – EYFS, KS1, Lower KS2 and Upper KS2. The winners will be able to choose from a range of prizes in half termly celebration assemblies. The raffles are held for the attendance for a particular half term, not cumulatively as the year progresses. Therefore, every half term, all children have the opportunity to achieve very good and excellent attendance, receive a certificate and be entered into a raffle. There are extenuating circumstances that may be taken into account when looking at these figures.





# **Specialist Subject Updates**



Spanish

¡Hola a todos! We are going to Madrid!



We are now counting down the days for our visit to Madrid on the 16th of March. Children have been working really hard and getting ready for the visit. They have described each other's cities and themselves both in writing and orally and they have shared their work on a collaborative Padlet. Children in both schools have really enjoyed working on the Padlets and reading and listening to each other's work. As one of the visits in Madrid will be to the Museo Reina Sofia, children have been learning about the most important painting in their collection:



El Guernica by Pablo Picasso. Children read a text about the painting and answer a few questions. They also drew one element of the painting to observe the detail of the work. We can't wait to see it in real life now!

#### Adiós Miss Valverde

#### **Physical Education (PE)**

Pupils are focusing on their ball handling skills this half term. We are developing and improving our ball handling skills through basketball and handball. The younger pupils are working on ball control and being able to dribble with both hands, change direction and speed and dribble into space. The older pupils are learning to challenge their dribbling and passing skills in small sided games where they are under pressure from defenders.



#### Music

Music

In class this term, children have been listening to music by influential people, including The Beatles, Quincy Jones, and Nitin Sawhney. Years 3 and 4 are learning how to play the ukulele and years 5 and 6 are learning how to play the guitar. Children in both choirs, guitar club and music tech club are all making excellent progress. Bess in Japan class sang solo in assembly this week, in front of years 5 and 6. She was amazing and we are so proud of all our talented children!





# Inclusion



# **Coming Soon!**

# Gr8 Day 2 Play!!

SEND young people aged 0-25 who live, work or study in Newham with their parents, carers, guardians and families!

https://www.eventbrite.co.uk/e/gr8-day-2-play-disability-youth-event-tickets-823807248657

Gr8 Day 2 Play Disability Youth Event

Join us for an awesome day of fun and games at the **East Ham Leisure Centre**! This event is specially designed for young people with disabilities, so get ready to have a blast! At the Gr8 Day 2 Play Disability Youth Event, we have a wide range of exciting activities planned just for you. From interactive sports like Sensory Tennis and adapted football to arts and crafts, there's something for everyone.

Make new friends, try new things, and let loose in a safe and inclusive environment. Our friendly staff and volunteers will be there to ensure you have an amazing time. So, mark your calendars and don't miss out on this incredible event!Come and show off your skills, challenge yourself, and have a gr8 day of play at the Gr8 Day 2 Play Disability Youth Event. We can't wait to see you there!





# **Online safety**

#### Internet Safety and the use of Social Media

Brampton Primary School is committed to promoting the safe and responsible use of the Internet. We therefore feel it is our responsibility to raise particular issues and provide assistance to parents and carers. Many online applications used by children provide great opportunities to communicate and socialise with friends and family. Social media platforms can, however, present specific dangers to children. Parents, carers and schools have a responsibility to ensure children are kept safe online and must be aware of the potential risk certain applications pose.

Here are a few tips to help you monitor your child's Internet habits:

- It is advisable to show an interest in what you child is accessing via the Internet and to pay close attention to their behaviour while they are online. Try to get your child into the routine of allowing you to check the devices they are using for inappropriate content or potential cases of online
- Try to insist children, particularly those under 10, access devices and social media in a public room, such as the living room or kitchen. This will give you the opportunity to glance
- public room, such as the living room or kitchen. This will give you the opportunity to glance over every so often and step in and advise them if needed. We also strongly recommend a device free period before bedtime to allow for uninterrupted sleep and rest.
- Ensure you keep abreast of current trends by asking your child what applications they are
  using on and asking to see how these work. A quick *Google* search for 'popular apps used
  by kids' can be a great help, as well as reading the advice and guidance on websites like
  the NSPCC: <u>Keeping children safe online | NSPCC</u>. You can even set up your own
  account to experience how certain applications work.



• Many applications have a group chat facility. This means that all information is shared with anyone who is in the group. In these situation, privacy can be lost and in some cases strangers can be added to groups mistakenly.

#### What We Teach Children in School

During our online safety lessons and presentations, children are taught a range of strategies to keep themselves safe online. It is vital that parents, carers and the school are giving children the same messages, so we have listed some of the key points below:

- Avoid posting any personal information online
- Think carefully before posting pictures or videos of yourself. Once you have put a picture of yourself online, people can see it and may be able to download it: you do not control it anymore.
  - Keep your privacy settings as high as possible.
    - Never give out your passwords.
  - Do not add or accept friend requests from people you do not know.
  - Do not meet up with people you have only met online.
  - Remember that not everyone online is who they say they are.
  - Think carefully about what you say before you post something online.
  - Respect other people's views. Even if you do not agree with someone else's perspective, it does not give you licence to be rude or disrespectful.

• If you see something online that makes you feel uncomfortable, unsafe or worried, leave the website and tell a trusted adult immediately.

We understand that it is increasingly difficult to keep up with the new and ever changing technologies. Our children are immersed in a society that is dependent on powerful computers, including smart phones, tablets, interactive online games and virtual communities. It is our responsibility, however challenging it may be, to guide our children to use these

devices correctly and responsibly.

If you would like any further information please do not hesitate to contact your child's class teacher or phase leader. You can also visit any of these websites:

Keeping children safe online - Parent's questions answered | Barnardo's (barnardos.org.uk)

<u>Child Safety Online: A practical guide for parents and carers whose children are using social media - GOV.UK (www.gov.uk)</u>

Staving safe online | Childline

United Nations Convention on the Rights of the Child

Article 5 (parental guidance and a child's evolving capacities) Article 16 (right to privacy)





March 2024

# Wellbeing

NHS Newham Talking Therapies

33

# **Community Workshops Calendar** -

 $\mathcal{O}$ 

11

# What are community workshops?

We run one-off, educational workshops covering a variety of health and wellbeing topics.

Most of the workshops are usually delivered in English, online via MS Teams and last an hour (unless stated otherwise below).

They are free, confidential and run by our friendly staff members.





# Who can attend?

Any adults living, working, or studying in Newham are welcome to attend one workshop a month

### How to sign up

- Email us on elft.nttworkshops@nhs.net
- Call us on 0208 175 1770
- <u>Click here</u> OR scan the QR code to complete the registration form

### Workshops this month:

BUILDING CONFIDENCE | 6th @ 6PM DEALING WITH WORRIES AND ANXIETY | 28th @ 4:30PM IMPROVING SLEEP | 6th @ 12PM MANAGING IRRITABILITY | 8th @ 1PM MANAGING LOW MOOD | 21ST @ 1PM MANAGING STRESS | 26th @ 12PM STAYING WELL (AFTER THERAPY) | 8th @ 2PM LIVING WELL WITH A LONG TERM CONDITION | 21st @ 12PM WELLNESS FUSION: BODY AND MIND| 18th @1PM

# **Special topics this month:**

WOMENS WELLBEING | 5th @ 2PM AN INTRODUCTION TO MINDFULNESS | 19th @ 1PM



# Menu



#### WB 4.3.2024



#### WB 11.3.2024

WEEK I	Monday	Tuesday	Wednesday	Thursday	Friday
# First Choice	Sweet Chilli Chicken Meatballs with Pasta	Lamb & Lentil Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Fish Curry with Rice	Fish Fingers with Chips
Second Choice	Vegetarian Pasta & Mixed Bean Bake	Quorn Frankfurter Hot Dog with Jacket Wedges	Spicy Chicken in a Tortilla Wrap served with Coleslaw	Cheese & Tomato Pizza	Veggie Dippers with Chips
Jacket Potato Choice	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yogurt with Fruit	ND Banana Slice (egg free)	Cinnamon Rice Pudding	Apple Crumble 55 with Custard	Fruit & Jelly with Ice Cream
Daily Options	and the second second	Salad Bar / Freshly	Baked Bread / Fresh Fr	ruit / Fruit Yoghurt	and the second second

#### WB 16.3.2024

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Chicken Sausages With Mashed Potatoes	Lamb & Vegetable Jollof Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Jacket Wedges
Second Choice	BBQ Chicken with Rice	Sweet Potato Macaroni Cheese	Southern Style Quorn Burger in a Bun with Salad	Stir Fry with Noodles	Tandoori Chicken in Naan with Salad
Jacket Potato Choice	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ice Cream Sponge Roll	Black Forest Slice	Fruit Pudding & Custard (egg free)	Lemon & Courgette 🚯	Waffles with Fruit & Ice Cream
Daily Options	and the state of the	Salad Bar / Freshly	Baked Bread / Fresh F	ruit / Fruit Yoghurt	and the second second



# Other





Additional charges will apply if no proof is shown on arriva<mark>l.</mark> TICKET ONLY EVENT All tickets need to be pre-booked via our website

www.cookiesisland.com

DO YOU HAVE ANY SPARE UNDERWEAR, TROUSERS, LEGGINGS, JOGGERS, OR BLACK SHOES YOU WOULD LIKE TO DO-NATE TO OUR SCHOOL? IF SO PLEASE COULD YOU DROP THEM TO THE FIRST AID ROOM.

THANK YOU SO MUCH.

# Brampton Primary School Coffee Morning

# Date: Every Thursday

### Time: 9.00 –11.00am

### Place: School parents' room

Coffee Mornings provides an excellent opportunity for parents, teachers, and staff to come together in a relaxed and informal setting.

It's a chance to connect with fellow parents, discuss your child's school experience, and share ideas on how we can enhance the overall learning environment.

# If you have children you are still welcome to come along.

Thankyou, hope to see you there!

P. Stewart

