



Building Personal Success



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Mrs P Kettory
Headteacher

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Dear Parents and Carers,

At Brampton Primary, every week, each class is taught a PSHE (Personal, Social and Health Education) lesson. The PSHE lessons are based on the Jigsaw scheme of work and adapted for the children here at Brampton. There is a different topic each half term. In Summer 2, all of the classes from Reception to Year 6 will be looking at the topic: **Changing Me**.

Parents and carers are given information about these lessons so that they can:

1. talk to their child at home about the learning that has taken place in school and
2. seek further information from the school if they have any questions around the content of the activities.

These are the objectives being covered in Year 3 in Summer 2:

PSHE and Citizenship Objectives	Friday Achievement Assembly Certificates
<ul style="list-style-type: none"> I understand that in animals and humans, lots of changes happen as they grow up. I can start to recognise stereotypical ideas I might have about parenting and family roles. I can identify what I am looking forward to when I am in Year 4. 	<p>Week 1 This week we are celebrating people who understand that everyone is unique and special.</p> <p>Week 2 This week we are celebrating people who can express how they feel when change happens.</p> <p>Week 3 This week we are celebrating people who understand and respect the changes that they see in themselves.</p> <p>Week 4 This week we are celebrating people who understand and respect the changes that they see in others.</p> <p>Week 5 This week we are celebrating people who know who to ask for help if they are worried about change.</p> <p>Week 6 This week we are celebrating people who are looking forward to change.</p>
<p>Emotional Literacy and Social Skills</p> <ul style="list-style-type: none"> I can express how I feel when I see babies or baby animals and how I might feel if I had a new baby in my family. I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes. I can start to think about changes I will make when I am in Year 4 and know how to go about this. 	

The book *My New Baby* by Annie Kubler will be read to the children in Week 1.

If you would like any further information or would like to discuss these objectives in more detail, please do not hesitate to speak to Miss Akram (PSHE Lead), your class teacher or to me.

Yours faithfully,

Mrs Marie Hardie
Deputy Head Teacher

