



Building Personal Success



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Monday 16th September 2024

Dear Parents and Carers,

Each half term, each class is given two PSHE (Personal, Social and Health Education) inspired books to read in class. The children listen to the story, then think about all of the concepts to do with PSHE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

The children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence, they learn to listen well to each other and they learn to build on the thoughts and ideas of each other to create a meaningful dialogue. They find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age.

This activity aims to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

<b>Caring</b>	<b>Collaborative</b>
Listening, concentrating, valuing and appreciating e.g. showing interest in, and sensitivity to, others' experiences and values.	Responding, communicating, supporting and conciliating e.g. building on each other's ideas, shaping common understandings and purposes.
<b>Critical</b>	<b>Creative</b>
Questioning, interrogating, reasoning and evaluating e.g. seeking meaning, evidence, reasons, distinctions and good judgements.	Connecting, relating, suggesting and speculating e.g. providing comparisons, examples, criteria, alternative explanations or conceptions.

Parents are given information about these books so that, if they wish, they can read the contents of the books themselves and talk to their children about the books at home.

These are the books being used, in Reception for PSHE Read Aloud, this academic year:

Book and Author	Themes to be explored
<b>Don't Touch My Hair!</b> by Sharee Miller	A story about a little girl who is assertive enough to tell people to stop touching her hair – she does not like it! A funny story with a serious message about expecting people to be respectful of our personal space.
<b>Everybody Belongs</b> by Lorna Freytag	<i>Everybody Belongs</i> explores the ways in which we are unique: from the colour of our eyes and skin to the size of our feet and the languages we speak. A book to celebrate diversity.
<b>Have You Filled a Bucket Today?</b> by Carol McCloud	This story uses the metaphor of bucket filling and dipping to understand the effects of our actions and words on the well-being of others and ourselves. It encourages positive behaviour as children see how rewarding it is to express daily kindness, appreciation, and love.
<b>I Could Be, You Could Be</b> by Karen Owen	A story about the importance of imagination and make-believe.
<b>It's Okay to Be Different</b> by Todd Parr	The message of the book is that it is okay to be different. It's okay to need some help, it's okay to be a different colour, it's okay to talk about your feelings and so on... The book is used as a starter to a discussion about acceptance and understanding of the people around us and about how we should be confident about being ourselves.
<b>It's Okay to Make Mistakes</b> by Todd Parr	This book embraces life's happy accidents, the mistakes and mess-ups that can lead to self-discovery, encouraging the children to try new things, experiment, and dare to explore new paths. From colouring outside the lines and creating a unique piece of art to forgetting an umbrella but making a new friend, each page offers a child-friendly take on

WE HAVE  
ACHIEVED



Quality Mark  
EARLY YEARS  
AWARD

	the importance of taking chances, trying new things, and embracing life, mistakes and all.
<b>Jabari Jumps</b> by Gaia Cornwall	In this story about overcoming fears, Jabari wants to jump from the diving board. He is nervous and comes up with excuses to delay doing it. Jabari's dad then shares with Jabari that he also feels scared sometimes, and he tells Jabari what he does to overcome his fears. This story facilitates a discussion about having courage and learning from others.
<b>Jack and the Flumflum Tree</b> by Julia Donaldson	Jack's Granny is sick with a bad case of the moozles! The only cure is the fruit of the fantastic flumflum tree which grows on the faraway Isle of Blowynose. It's a perilous journey, but Jack bravely sets sail anyway. The story is used to stimulate discussion about using our imaginations and being able to solve problems by thinking them through.
<b>Ping and Pong are Best Friends (mostly)</b> by Tim Hopgood	Ping and Pong are a pair of penguins who love to do new things. But whatever Ping tries to do, Pong can do it better - Ping can squeak in French, Pong can squeak in nine different languages, Ping can catch a fish, Pong can catch a shark... Is there anything Ping can do best? Yes, he can be a BEST friend. This story is used to talk about the true meaning of friendship and why sometimes comparing yourself to others is not always helpful.
<b>The Feelings Book</b> by Todd Parr	The Feelings Book illustrates the wide range of moods we all experience. The book explores the ever-changing, sometimes nonsensical emotions that we all feel. This book inspires children to discuss their multitude of feelings in a child-friendly way.
<b>The Little Engine That Could</b> by Watty Piper	A tale of a little engine that, despite her size, triumphantly pulls a train full of wonderful things to the children waiting on the other side of a mountain. The story promotes discussion about perseverance, resilience and self-belief.
<b>The Mouse Who Reached the Sky</b> by Petr Horacek	The Mouse Who Reached the Sky is a story that highlights the importance of sharing and working together. Mouse spots a beautiful red, shiny thing hanging from the tree. Little Mouse thinks it's a marble, but Mole is sure it's a balloon and Rabbit says it's a ball. None of them can reach it by themselves, so how will they discover what it really is?

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to me.

Kind regards,  
Mrs Marie Hardie  
Deputy Headteacher

**PSHE Read Aloud Books: Reception**

<b>Term</b>	<b>Autumn 1</b>		<b>Autumn 2</b>		<b>Spring 1</b>		<b>Spring 2</b>		<b>Summer 1</b>		<b>Summer 2</b>	
<b>Theme</b>	<b>Being Me in My World</b>		<b>Celebrating Difference</b>		<b>Dreams and Goals</b>		<b>Healthy Me</b>		<b>Relationships</b>		<b>Changing Me</b>	
<b>Egypt</b>	<b>Have You Filled a Bucket Today?</b> by Carol McCloud	<b>Don't Touch My Hair!</b> by Sharee Miller	<b>Jabari Jumps</b> by Gaia Cornwall	<b>The Feelings Book</b> by Todd Parr	<b>It's Okay to Make Mistakes</b> by Todd Parr	<b>I Could Be, You Could Be</b> by Karen Owen	<b>The Mouse Who Reached the Sky</b> by Petr Horacek	<b>Jack and the Flumflum Tree</b> by Julia Donaldson	<b>Ping and Pong are Best Friends (mostly)</b> by Tim Hopgood	<b>The Little Engine That Could</b> by Watty Piper	<b>It's Okay to Be Different</b> by Todd Parr	<b>Everybody Belongs</b> by Lorna Freytag
<b>Cameroon</b>	<b>Jack and the Flumflum Tree</b> by Julia Donaldson	<b>Don't Touch My Hair!</b> by Sharee Miller	<b>It's Okay to Be Different</b> by Todd Parr	<b>Ping and Pong are Best Friends (mostly)</b> by Tim Hopgood	<b>Everybody Belongs</b> by Lorna Freytag	<b>The Little Engine That Could</b> by Watty Piper	<b>It's Okay to Make Mistakes</b> by Todd Parr	<b>Jabari Jumps</b> by Gaia Cornwall	<b>The Feelings Book</b> by Todd Parr	<b>Have You Filled a Bucket Today?</b> by Carol McCloud	<b>The Mouse Who Reached the Sky</b> by Petr Horacek	<b>I Could Be, You Could Be</b> by Karen Owen
<b>Morocco</b>	<b>It's Okay to Be Different</b> by Todd Parr	<b>Jabari Jumps</b> by Gaia Cornwall	<b>Don't Touch My Hair!</b> by Sharee Miller	<b>Everybody Belongs</b> by Lorna Freytag	<b>I Could Be, You Could Be</b> by Karen Owen	<b>It's Okay to Make Mistakes</b> by Todd Parr	<b>Jack and the Flumflum Tree</b> by Julia Donaldson	<b>The Mouse Who Reached the Sky</b> by Petr Horacek	<b>Have You Filled a Bucket Today?</b> by Carol McCloud	<b>The Feelings Book</b> by Todd Parr	<b>The Little Engine That Could</b> by Watty Piper	<b>Ping and Pong are Best Friends (mostly)</b> by Tim Hopgood
<b>Tanzania</b>	<b>The Feelings Book</b> by Todd Parr	<b>The Mouse Who Reached the Sky</b> by Petr Horacek	<b>Don't Touch My Hair!</b> by Sharee Miller	<b>It's Okay to Be Different</b> by Todd Parr	<b>The Little Engine That Could</b> by Watty Piper	<b>Ping and Pong are Best Friends (mostly)</b> by Tim Hopgood	<b>Jabari Jumps</b> by Gaia Cornwall	<b>Everybody Belongs</b> by Lorna Freytag	<b>Jack and the Flumflum Tree</b> by Julia Donaldson	<b>Have You Filled a Bucket Today?</b> by Carol McCloud	<b>I Could Be, You Could Be</b> by Karen Owen	<b>It's Okay to Make Mistakes</b> by Todd Parr