



Building Personal Success



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Mrs P Kettory
Headteacher

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Dear Parents and Carers,

Each half term, each class is given two PSHE (Personal, Social and Health Education) inspired books to read in class. The children listen to the story, then think about all of the concepts to do with PSHE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

The children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence, they learn to listen well to each other and they learn to build on the thoughts and ideas of each other to create a meaningful dialogue. They find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age.

This activity aims to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

Caring Listening, concentrating, valuing and appreciating e.g. showing interest in, and sensitivity to, others' experiences and values.	Collaborative Responding, communicating, supporting and conciliating e.g. building on each other's ideas, shaping common understandings and purposes.
Critical Questioning, interrogating, reasoning and evaluating e.g. seeking meaning, evidence, reasons, distinctions and good judgements.	Creative Connecting, relating, suggesting and speculating e.g. providing comparisons, examples, criteria, alternative explanations or conceptions.

Parents are given information about these books so that, if they wish, they can read the contents of the books themselves and talk to their children about the books at home.

These are the books being used, in Year 1 for PSHE Read Aloud, this academic year:

Book and Author	Themes to be explored
Astro Girl by Ken Wilson-Max	Read during the inspiration day in Summer 1. Astrid has always loved the stars and space. "I want to be an astronaut!" she says. While her mother is away, her dad and Astrid have fun acting out the challenges an astronaut faces on a space mission - eating food from a tube, doing science experiments, living and sleeping in near-zero gravity. At the end of the story, the children discover that Astrid's mum is a real-life astronaut, demonstrating that our dreams and ambitions can come true.
I Am Enough by Grace Byers	This book explores the themes of loving who you are, respecting others and being kind to each other.
In My Mosque by M. O. Yuksel	This book invites readers to find out about what happens inside of a mosque through the eyes of the families who attend.
Juniper Jupiter by Lizzy Stewart	This story promotes a discussion about appreciating and valuing what we have and recognising the importance of the people in our family and friendship groups.
Look Up by Nathan Bryan	A story about family relationships and the importance of taking timeout to appreciate the beauty of our world.
Lost in the Toy Museum by David Lucas	A story told during the inspiration day in Summer 2 about the importance of imagination and play; learning that it is okay to not always keep doing the same things and it is good to have fun with your friends!
Meerkat Mail by Emily Gravett	In Autumn 1, during their inspiration day, the children read an extract from <i>Meerkat Mail</i> and explore what home means.
Picnic in the Park by Joe Griffiths and	This book introduces children to diversity in different types of families.

WE HAVE
ACHIEVED



Quality Mark
EARLY YEARS
AWARD

Tony Pilgrim	
Puffin Peter by Petr Horáček	A book about the importance of friendship.
Secret, Secret by Daisy Law	There are lots of different types of secrets. This picture book subtly explores the different types of secrets children may have, and encourages them to feel confident to share their secrets. It provides a great opportunity for discussing the things we should and shouldn't keep secret.
The Crocodile Who Didn't Like Water by Gemma Merino	This book looks at what it feels like to be different from everyone else and to feel as though you don't fit in. It has a message of accepting who you are and a message of accepting that others around you may be different from you.
The Lorax by Dr Seuss	A story exploring the importance of caring for our environment explored during the Spring 2 inspiration day.
The Sneetches by Dr Seuss	The Star-Bellied Sneetches think they're much better than the Plain-Bellied Sneetches. But they're about to discover that it's what's inside that really matters! This story promotes a discussion about not judging people by the way they look but instead to think about easy to really get to know each other.
The Three Billy Goats' Stuff! by Bob Hartman	This is a retelling of the popular traditional tale of the story of the Three Billy Goats Gruff with a twist. This time the Troll can be found under the climbing frame in the school playground of the Traditional Academy for Small Furry Animals and the Odd Mythical Creature. The story explores the concept of what to do if someone is being a bully.
The Window by Jeannie Baker	A picture book looking at how our environment can change over time, used in Year 1's Spring 1 inspiration day.
Troll Swap by Leigh Hodgkinson	A story that explores what it feels like to not fit in that discovers that 'home is where the heart is'.
Under the Ramadan Moon by Sylvia Whitman	Ramadan is one of the most special months of the Islamic year, when Muslims pray, fast, and help those in need. This story will introduce the children to Ramadan and explain that it is a time for reflection and ritual with family and friends. Children who have experience themselves of this special month will be able to share with their friends and discuss this special time for their family.

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to me.

Kind regards,
Mrs Marie Hardie
Deputy Head Teacher

PSHE Read Aloud Books: Year 1

Term	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Theme	Being Me in My World		Celebrating Difference		Dreams and Goals		Healthy Me		Relationships		Changing Me	
England	Secret, Secret by Daisy Law	Look Up by Nathan Bryan	Juniper Jupiter by Lizzy Stewart	In My Mosque by M. O. Yuksel	Puffin Peter by Petr Horáček	Under the Ramadan Moon by Sylvia Whitman	The Three Billy Goats' Stuff! by Bob Hartman	Troll Swap by Leigh Hodgkinson	Picnic in the Park by Joe Griffiths and Tony Pilgrim	The Sneetches by Dr Seuss	The Crocodile Who Didn't Like Water by Gemma Merino	I Am Enough by Grace Byers
Northern Ireland	The Crocodile Who Didn't Like Water by Gemma Merino	Look Up by Nathan Bryan	Juniper Jupiter by Lizzy Stewart	The Sneetches by Dr Seuss	I Am Enough by Grace Byers	Puffin Peter by Petr Horáček	In My Mosque by M. O. Yuksel	Secret, Secret by Daisy Law	Troll Swap by Leigh Hodgkinson	Picnic in the Park by Joe Griffiths and Tony Pilgrim	Under the Ramadan Moon by Sylvia Whitman	The Three Billy Goat's Stuff by Bob Hartman
Scotland	Juniper Jupiter by Lizzy Stewart	I Am Enough by Grace Byers	Look Up by Nathan Bryan	The Crocodile Who Didn't Like Water by Gemma Merino	Under the Ramadan Moon by Sylvia Whitman	In My Mosque by M. O. Yuksel	Puffin Peter by Petr Horáček	Secret, Secret by Daisy Law	The Sneetches by Dr Seuss	Picnic in the Park by Joe Griffiths and Tony Pilgrim	The Three Billy Goat's Stuff by Bob Hartman	Troll Swap by Leigh Hodgkinson
Wales	Troll Swap by Leigh Hodgkinson	Juniper Jupiter by Lizzy Stewart	Look Up by Nathan Bryan	Puffin Peter by Petr Horáček	In My Mosque by M. O. Yuksel	The Sneetches by Dr Seuss	I Am Enough by Grace Byers	Under the Ramadan Moon by Sylvia Whitman	Picnic in the Park by Joe Griffiths and Tony Pilgrim	Secret, Secret by Daisy Law	The Three Billy Goat's Stuff by Bob Hartman	The Crocodile Who Didn't Like Water by Gemma Merino

Philosophy for Children Inspiration Days:

Autumn 1 Meerkat Mail by Emily Gravett – Sunny's letter.	Autumn 2 Story of the Gunpowder Plot	Spring 1 The Window by Jeannie Baker
Spring 2 The Lorax by Dr Seuss	Summer 1 Astro Girl by Ken Wilson-Max	Summer 2 Lost in the Toy Museum by David Lucas